

CONVENT OF THE CHILD JESUS

NORTH BATTLEFORD, SASKATCHEWAN











CONVENT OF THE CHILD JESUS

North Battleford, Saskatchewan

Dear old school we stop to honor you  
And promise you that we will strive  
To keep the name we love from blemish ever free.  
For 'tis here we toil and labour,  
Working for the final day,  
When we shall receive the honors of our own COCJ.

Dark blue, light blue our colors two  
For joy and truth they stand.  
By our flower we promise to obey  
Be it but a slight command.  
Work, truth, obedience follow  
"Non Palma Sine Labore"  
No victory without labour the motto of COCJ.

Through all the ups and downs of life  
With our teachers' loyal aid,  
We will always keep our spirits up  
That your glory shall not fade.  
For 'tis not all work from day to day,  
We do find time to play.  
Alma Mater we are proud of you our own COCJ.

**School Colors**

Light Blue; Dark Blue

**School Flower**

Carnation

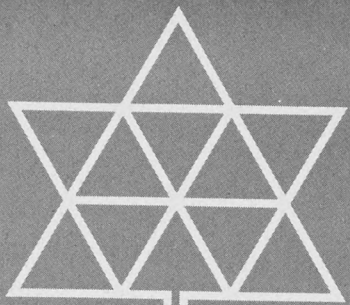
**School Motto**

Non Palma Sine Labore

**School Hymn**

Holy God, We Praise Thy Name

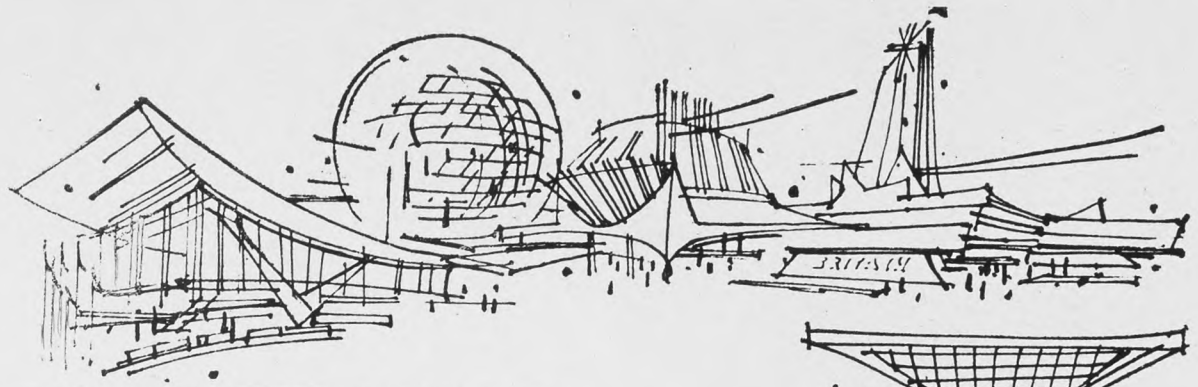
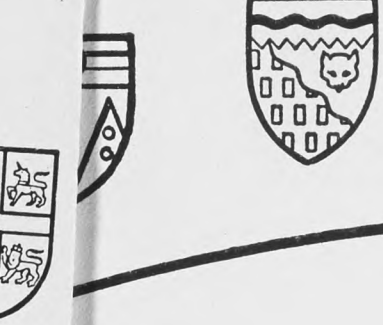




1867 1967  
CONFEDERATION







"To be a Man is to have the conviction that when one lays a brick, one is taking a hand in building the world."

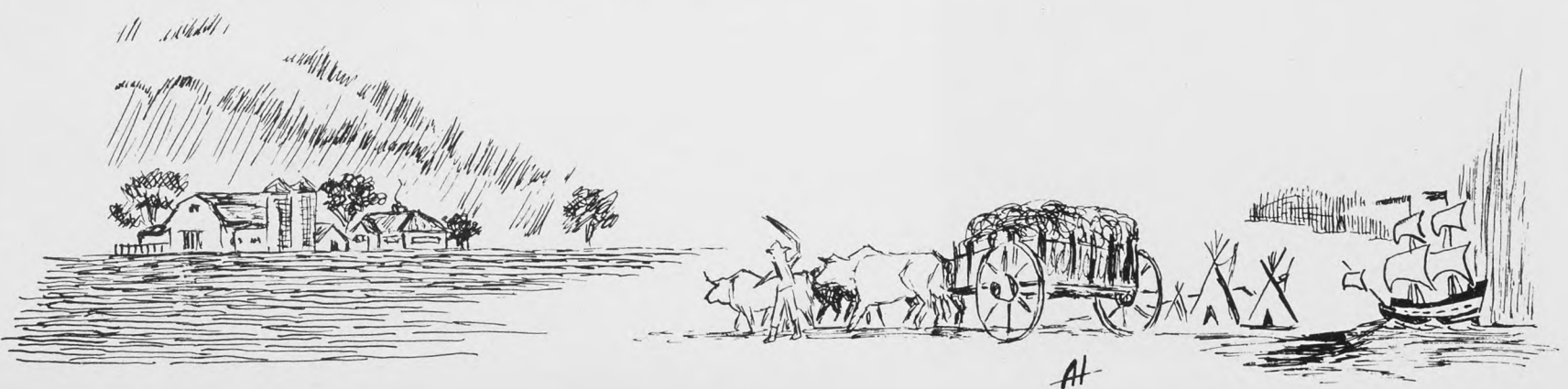
— Antoine de Saint-Exupéry  
from MAN AND HIS WORLD

## HAPPY BIRTHDAY! CANADA

In a short time, Canada has grown from a underdeveloped wilderness to a great industrial nation. In this our centennial year, we are proud of Canada's past achievements, and of the men who built her. Canadians from coast to coast, will be participating in centennial events. EXPO '67 is the greatest and most extravagant of all. As we dedicate our yearbook to Canada's Centennial, we firmly believe that Canada will grow and expand to be an even greater nation.

"Yes, Canada, we are proud of you,  
And will try to be patriotic and true.  
There is no other land in which  
we would like to live,  
Because you're young and free and  
have so much more to give!"

— PAULETTE FOISY, GRADE 11







Mother Aimee

## A 300th Birthday

**A**nniversaries are always special. They are life's milestones of progress whether of age, vocation, or achievement.

This "First" Centenary of Canada is doubly special to the Sisters of the Child Jesus, for it also marks the "Tri"-Centenary of the existence of their Congregation.

In 1667, the seed was sown through the generous acceptance of Miss Anne Marie Martel, at the request of her parish priest, to teach religion to the girls and women of LePuy, France. Miss Martel was a capable young woman of noble birth, yet with a simple, ardent faith. Her devotedness and sincere piety soon attracted a few other young women who joined her and thus their work spread to neighboring villages. People dubbed them the "ladies of instruction". Six years after these humble beginnings, Anne Marie died, at the age of 28, without knowing that the group of co-workers she had inspired and left behind would soon grow in number and purpose and eventually become a Religious Congregation.

At the turn of the century a community called "The Ladies of the Infant Jesus", which was dying out, joined the Ladies of Instruction. It is here that the society added the name *Child Jesus* to its title.

The 1700 and 1800's proved trying centuries for the "Ladies of Instruction of the Child Jesus". During the French Revolution, 1795, the Community was forced to disperse. Within a decade a few surviving members gathered again and the Congregation grew anew, only to be dispersed once more during the Religious Persecution of 1904. Again a few courageous members re-established the Community. From then on it grew steadily and branched out of France into Belgium, Spain, Argentina, Chile, Canada, and Africa, and eventually became known simply as the Sisters of the Child Jesus.

The Congregation has braved a trying past, is blessed with a fruitful present, and looks forward to a challenging future. ●

Mother Aimee and Mother John of the Cross

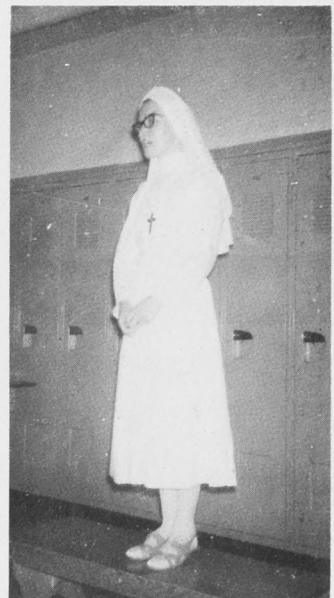




## More Sisters to Africa

ON OCTOBER 6, the COCJ student body welcomed the new missionaries who were on their way to Liberia, a tiny country on the west coast of Africa. Mother John Joseph, the superior of the Plebo mission spoke to us for a few moments. In her talk she sketched a picture of the country and gave us a few insights into the Liberian society and behaviour. She touched, too, on the highlights of the missionary preparation course she had taken with her two companions, Sister Raphaella and Sister Mary Michael.

We were also impressed by the fact that these missionaries were going to Africa realizing that they had much to learn from the natives as well as much to teach them. We were inspired too by their conviction that the greatest challenge was not that of adjusting to climate or overcoming fears but of giving Christ to the Liberians ●



Sister John Joseph

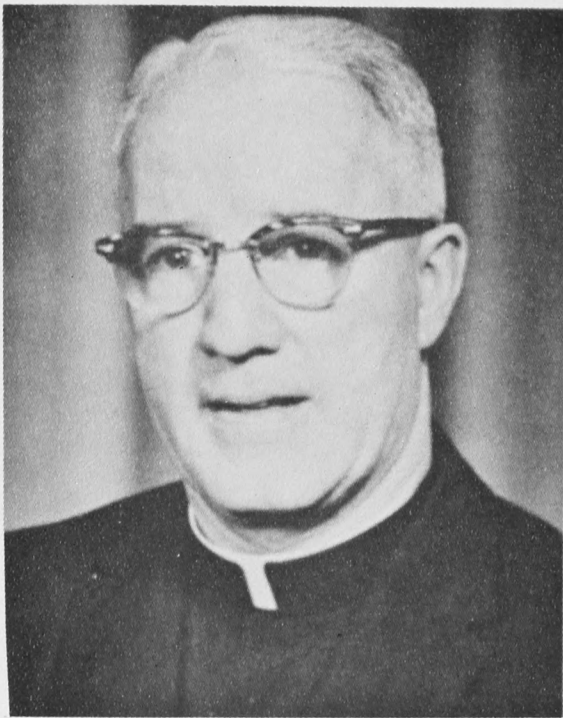
UPPER LEFT 1 to r: Sister Raphaella, Sister John Joseph, Sister Mary Michael.



LOWER RIGHT 1 to r: Sister John Joseph, Sister John of the Cross, Sister Mary Michael, Sister Mary Margaret.

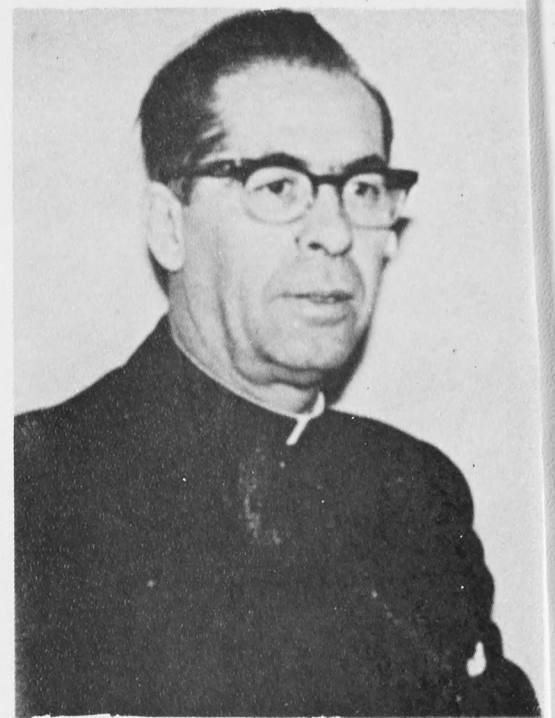






**Father J. O. Fournier, OMI, Pastor**  
Notre Dame de Lourdes' Parish

## **SPIRITUAL ADVISORS**



**Father J. A. St. Pierre, Pastor**  
St. Joseph Calasancius, Parish



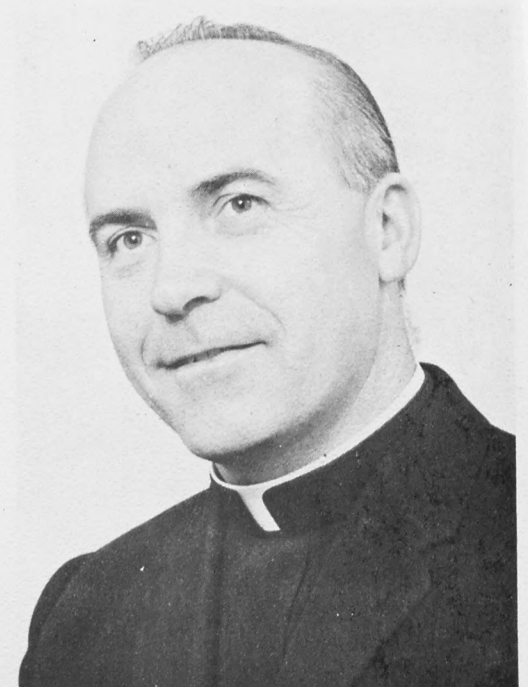
**Father V. Goldstein, OMI, Assistant**  
Notre Dame de Lourdes' Parish



**Father B. Bachynsky, Pastor**  
All Saints Ukrainian Catholic Parish

IN THE few years Father Goldstein has been with us, we have profited much from his lessons in religion, his guidance, and his thought-provoking sermons. The influence of his practical, down-to-earth philosophy shall remain with us.

We respect and admire his wisdom and his wit, and we shall always remember him with affection. On the occasion of his leaving, we can only say we are sorry to see him go. We all join in wishing for him, wherever he goes, God's richest blessings on his work.



**Father A. Marchildon, Pastor**  
St. André's Parish



## **SUPERINTENDENT OF SEPARATE SCHOOL**



**MR M. HOLOTA**

The appointment of Mr. M. Holota as Superintendent of Separate Schools for North Battleford was a highly significant event in the history of the Separate School System in the city. Mr. Holota is the first Superintendent to be working exclusively with the Separate Schools of this area. His excellent leadership and his sincere interest in us is an inspiration to all. We feel we have in Mr. Holota, a good friend who understands our problems and is always willing to help us.

We welcome Mr. Holota and we say: "May your work with us be enjoyable and happy, and may it be blessed with every success."



# In Appreciation



*Sister Marie Marcelle*



*Yearbook*



*Legion of Mary*

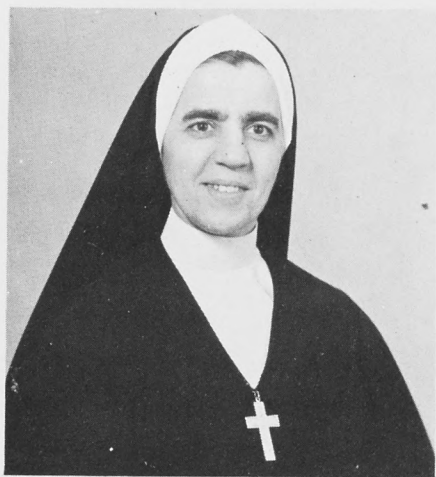
**T**he Centennial edition of our yearbook goes to press. Throughout the year as we have compiled it, we could not help remembering one kind, little person who put so much time and effort into past yearbooks — dear Sister Marcelle. For nine years, Sister had been here at COCJ with us, but last year she was called to British Columbia. During those nine years she lovingly dedicated herself to serve the students in every way she could — through the Legion of Mary, through teaching, through labor on our yearbook. We miss her and we miss her invaluable help. It is to Sister Marcelle that we dedicate this special page of our 1967 yearbook. We know that — wherever she is, whatever she is doing — she is still our dear friend. We wish her the best — in '67 and always. ●



# CONVENT STAFF



Back Row l to r: Mrs. Griffin, Miss Bilokreli, Sister Mary Margaret, Sister Mathilda, Mrs. Guina. Front Row l to r: Sister Allan Marie, Sister Lucienne, Mother John of the Cross, Sister Mary, Sister Marie Denise



Mother John of the Cross, Principal



Mrs. Osborn, Singing Teacher

Sister Mary, Substitute Teacher



Sister Bernadette, Music Teacher





## Patrons

Sandra Backus, North Battleford, Sask.  
Jean Beland, North Battleford, Sask.  
Mrs. Olive E. Brass (Olive Coldiron), South Burnaby, B.C.  
Mrs. Ann M. Brown (Ann McPherson), Lone Rock, Sask.  
Diane Fitzgerald, Lejac, B.C.  
R. N. Gregoire, Pathlow, Sask.  
Mr. and Mrs. Alex Kovar (Lilian Mader), North Battleford, Sask.  
Diane Kuzek, Red Deer, Alta.  
Mrs. Dave Lavoie (Claire Hebert), North Battleford, Sask.  
Mrs. Philip Lommer (Margaret Hudek), Hafford, Sask.  
Eileen Mahoney, Calgary, Alta.  
Mr. and Mrs. Roger Paradis (Irene Ballachay), North Battleford, Sask.  
Mrs. Noreen L. Reid (Noreen Chisholm), Edmonton, Alta.  
Mrs. A. Simard (Antoinette Poitras), Meadow Lake, Sask.  
Kathy Spak, Red Deer, Alta.  
Mrs. L. P. St. Armant (Henriette Bru) Jackfish Lake, Sask.  
Elizabeth Zawada, Saskatoon, Sask.

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## Editorial

AS OUR school year '66-'67 comes to a close, and as our Yearbook goes to press, we find ourselves with an opportunity to look back on past events.

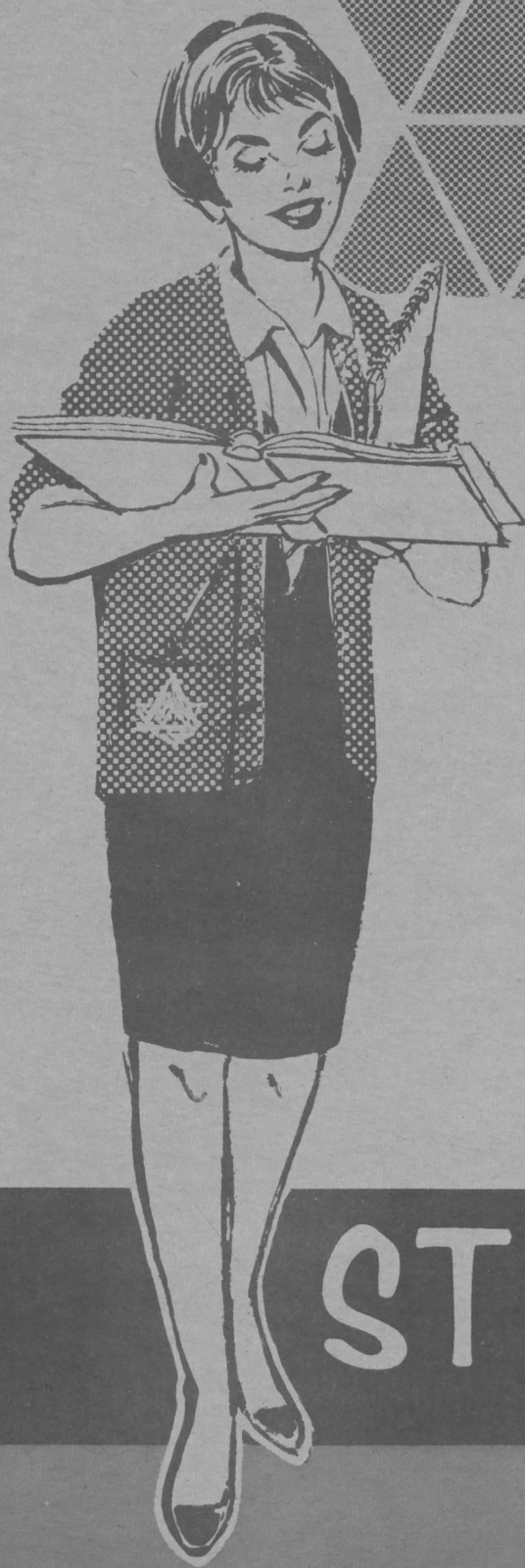
So many new things have happened during this year that we find it hard to remember them all. This year witnessed the installation of a flag pole which made it possible for COCJ to proudly fly the Canadian and Centennial flags. It witnessed the first time in the history of this convent school that a "Spirit Week" was observed. It also witnessed a Centennial Week during which we switched from uniforms to ankle-length dresses in commemoration of Canada's Centennial. Oh, this year witnessed so many things!

Of special pride to me was the beginning of patrons for our Yearbook. Considering this was an innovation, the response, on the whole, was good. I sincerely hope that as many, and more will support the patrons' section in future years.

As Editor, I wish to thank sincerely all those who contributed in any way to the success of this Yearbook. To Mrs. Guina, who gave us her time and valuable assistance, we owe a debt of gratitude. Without her, the Yearbook could not have become a reality. To all others who assisted — teachers and students alike — we express our appreciation. To the business men whose financial assistance helped lighten our load, we say a special thank you. To the Yearbook Staff who worked so diligently day after day, sincere thanks and grateful appreciation.

As Yearbook Editor, I have had a most enjoyable year. It was fun compiling this book and it goes out to you with high hopes that you will enjoy it, and be proud of it because it is your book, about your school. May the Spirit of COCJ live on to fill you with special pride in the fact that you are "Convent Girls". ●





STUDENTS





Sister Marie Denise, Room Teacher

# GRADE



Judy Payne



Lynn Weedmark



Eunice Sitter



Darlene Rose



Donna Zimmer



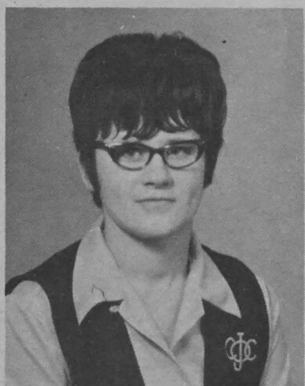
Brenda Murphy



Helen Vandenberghe



Gloria Rose



Anne Vany



Mary Kindrachuk



Carol Nolin



Vera Wolokoff



Pat Wilson



Lynn Kindrachuk



# ENINE -A



Lorraine Landry



Margie Wozny



Sylvia Lindsay



Theresia Schwab



Lucille Whitford



Jean Sulej



Nellie Lewis



Irene Marchewka



Yvonne Weitzel



Joanne Kuttai



Wilda Sankey



Doreen Sander



Loretta Kayfish



Judy Ternier



Elizabeth Myo



Joan Leibel





Mrs. Griffin, Room Teacher



Linda Braunagel



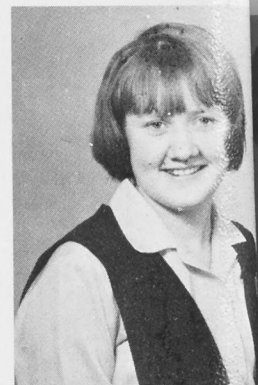
Linda Hauk



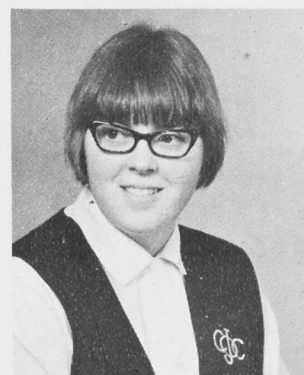
Linda Gutenberg



Darlene Dumais



Maria Deverden



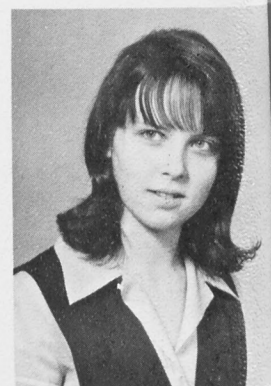
Marilyn French



Vicky Angell



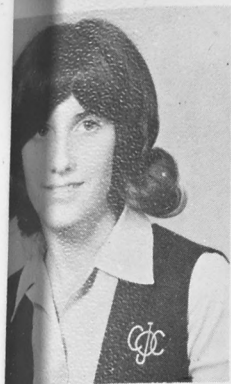
Marie Dumais



Gisele Hamel

# GRADE NINE-B





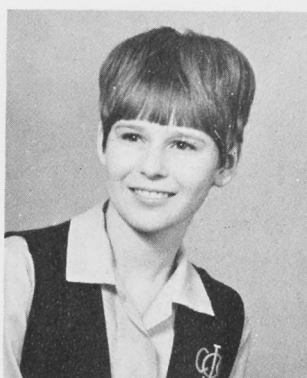
Julia Janssen



Charlotte Herle



Rachel Beloin



Cheryl Huard



Jean Arcand



Martha Gratton



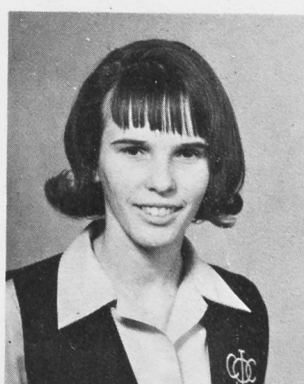
den Sharon Barchuk



Lianne Chasse



Elaine Gregoire



Linda Dally



Debbie Hnatyshyn



Valorie Derenoski





Sister Mathilda, Room Teacher

# GRADE TEN-A



Cynthia Matlock



Lucille Nachtegale



Maureen Goodman



Kris Mildenberger



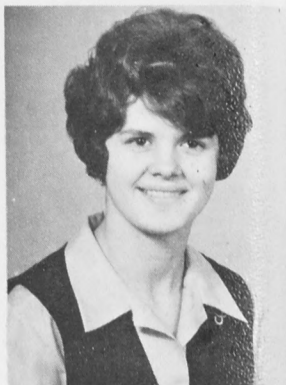
Helen Larmour



Rosanne Stroo



Jana LaFreniere



Gail Sager



Linda Baker



Betty Ternier



Sharon Wolokoff



Joyce Zimmerman



Jeanette Roy



Sanda Urness



Elaine Lameman



Carol Pattinson





Chis Lojek



Lorraine Sager



Linda Lunghamer



Judy Sager



Karen Wyatt



Mary Stolniuk



Jackie Woytiuk



Debbie Quehl



Georgina Osecap



Edna Oborowsky



Pat Leibel

#### WELCOME TO CANADA

Welcome to Canada, one and all,  
To golden plains and pine trees tall,  
To northern lakes and mountain streams,  
A land of hopes, a land of dreams.

A country spread from sea to sea  
Our motto is "Ad Mari usque ad Mare."  
From Vancouver Island to Newfoundland  
Ten provinces strongly together band.

Our natural resources and industry  
Provide us with a rich economy;  
The wheat from our fields makes bread,  
With which other nations are fed.

Our land provides adventures bold  
And deeds of glory that are told.  
The past is filled with victories grand  
To make our country a better land.

So, welcome to Canada, one and all,  
To golden plains and pine trees tall,  
To northern lakes and mountain streams,  
A land of hopes, a land of dreams.

— Jana LaFreniere 10A





Mrs. Guina, Room Teacher

# GRADE TEN-B



Eileen LaPlante



Pauline Dawe



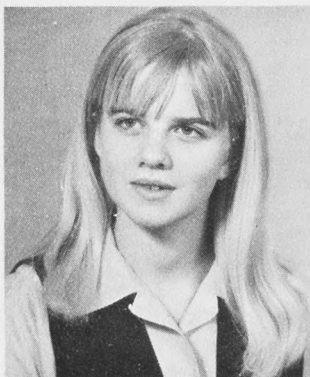
Bernice Hauk



Janet Duhaime



Dianne Blair



Sharon Haughian



Hilda Blackstar



Irene Gagne



Elaine Heeb



Laura Deary

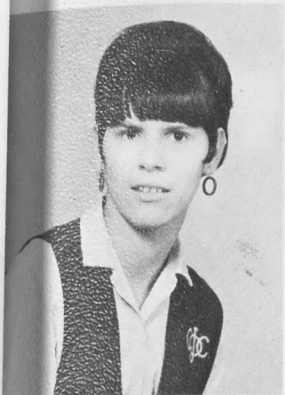


Claudette Kergoat



Georgina Friestadt





Valerie Pruden



Diane Kramm



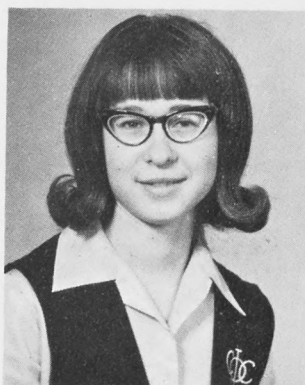
Pat Gibson



Sandra Kovar



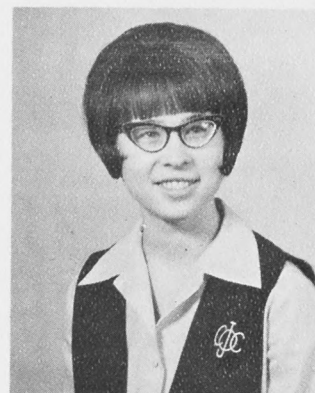
Jean Dunbar



Joyce Ballachay



Anna Albert



Jean Ballachay



Pat Omilon



Christina Bird



Charlotte Bauer



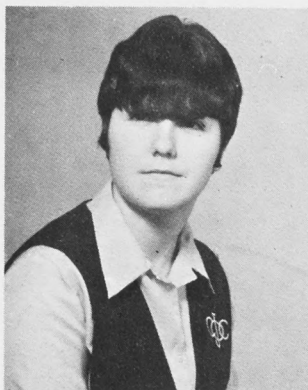
Angela Holota



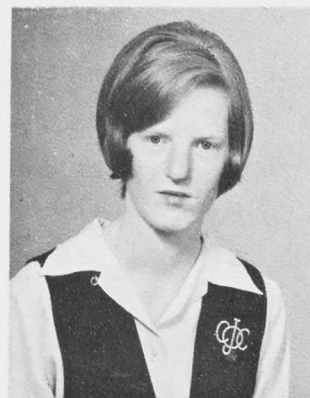
Cecile Beloin



Carol Dudek



Margaret Cote

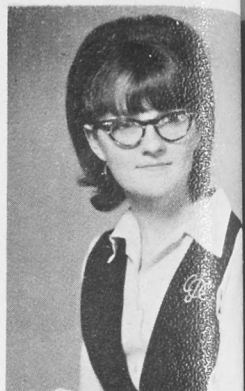


Mary Lynn Gantefoer

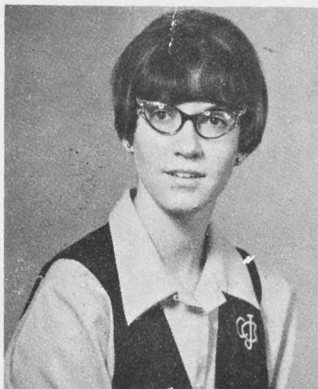




Miss Bilokreli, Room Teacher



Diane Donahue



Linda Piche



Mary Sulej

# GRADE ELEVEN-A



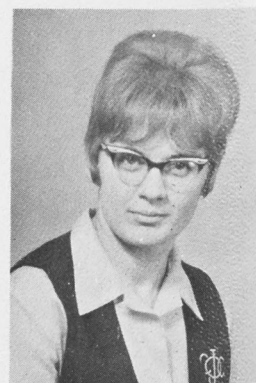
Marlene Heindrichs



Elaine Arsenault



Gwen Summerfield



Marie Vany





Karen Higgs



Judy Kayfish



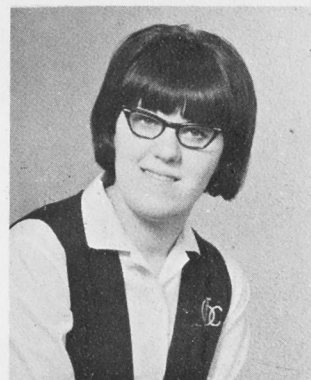
Gloria Sabraw



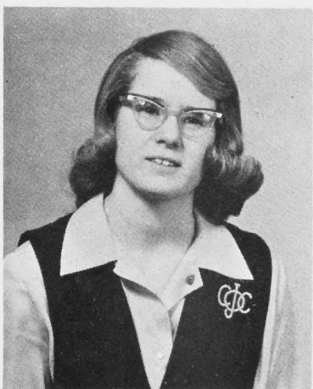
Sharon Yochim



Kathy Nizinkiewicz



Brenda Piper



Pearl Beland



Beatrice Forest

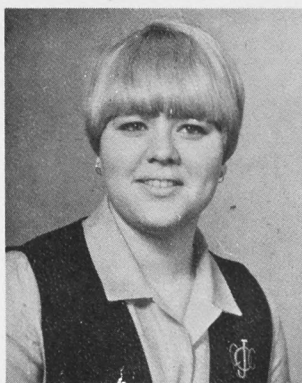


Bernadette Eischen





Sister Allan Marie, Room Teacher

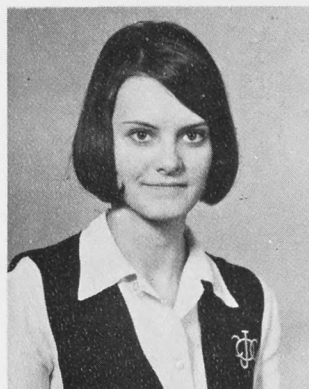


Lynn Langevin

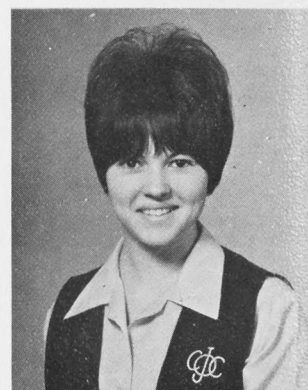
# GRADE ELEVEN-B



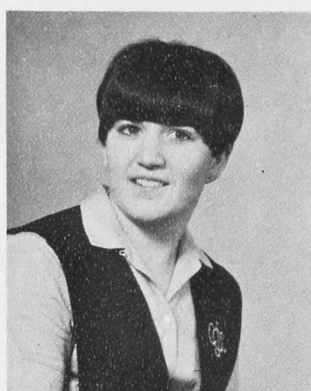
Pat Bolan



Connie Mathias



Sharon L'Heureux



Rose Marie Jullion



Helen McIvor

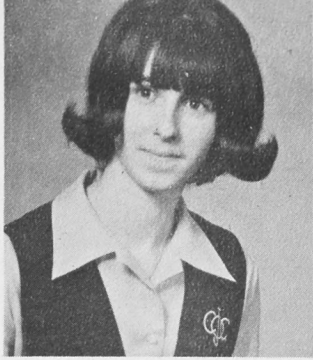


Jacqueline Lavoie

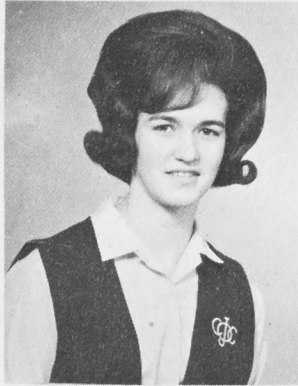




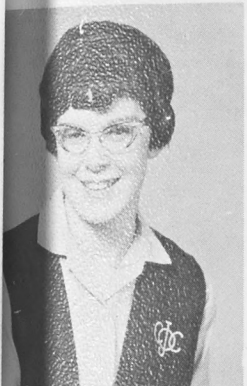
Irene Ulsifer



Linda Nachtegaele



Clara Bowes



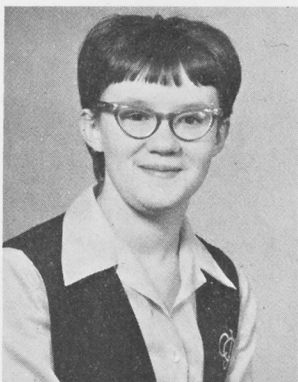
Pat Ferguson



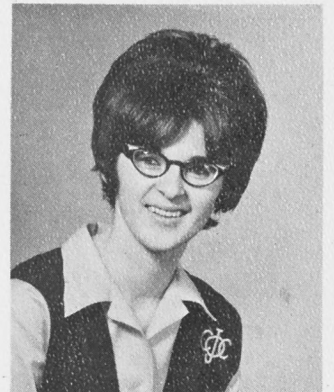
Valerie Nielsen



Mary Ann Baxter



Judy Polischuk



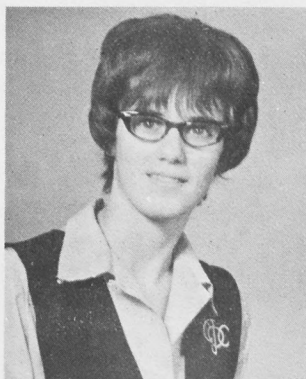
Darlene Bahrey



Linda Sander



Carol Halagaza



Wilma Janssen





**Sister Mary Margaret, Room Teacher**

## Grade Twelve A



**Gayle Chapman**

Here is a cheerful and friendly girl who is liked by all. As a candy striper, she has generously donated her time, and her smile has lighted the hearts of many who have spent many days in the hospital. Gayle has also been Secretary of the Student Council this year.

**Patricia Maksymchuk**  
When Pat joins the Navy, she will be as great an asset there as she has been at COCJ. For the past year her bell ringing has saved many a student who did not have her homework done.



**Olga Kudyba**

Her personality, cheerfulness, and vitality contribute greatly to Olga's likeability. When she does anything of great importance, she goes in boots and all, and the results are usually terrific. It sounds as though Olga will be a whopping success in her future life.

**Barbara Angell**

This lively girl is not one to let the grass grow under her feet. Her boundless energy and enthusiasm carry her from one activity to another. A sly, mysterious smile at times, makes us wonder what she's been up to.







### **Lynda Gnadt**

Lynda is COCJ's silver-tongued orator. She has brought honors to the Convent on several occasions in public speaking contests. Her quick wit and contagious laughter are sure to get us all in a good mood when she is present. She has plans for Business College, and later on, a nursing career.

### **Mary Ann Omilon**

Mary Ann has been kept busy attending to her duties as Secretary of the Drama Club, and as a Candy Striper. Her quietness and concentration in school will surely serve her well in whatever she chooses to do in the future.



### **Eileen Bowes**

Eileen is the athletic star of the class. Her chosen career is nursing, and she will find her active participation in sports handy here. As a good shot in curling, and an expert in judo, her patients won't give her much trouble.



### **Helen Tusznio**

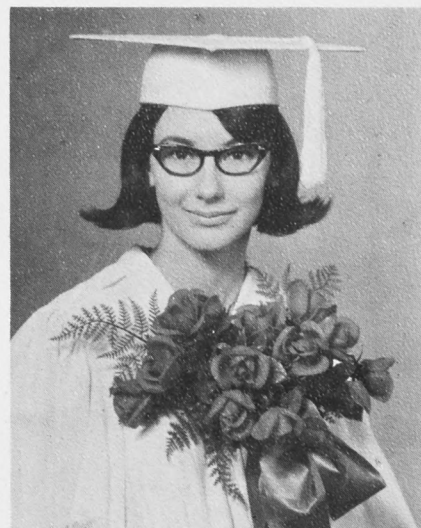
Helen is the editor of our yearbook. She has a natural curiosity about things and will persist in asking questions till she is satisfied with the answers. Such persistence should be of value to her in her chosen field — physiotherapy.

### **Marlene Reschke**

Marlene is the girl who drives the '58 Chev and is famous for her flat tires. Once you've finished Business College and find yourself wealthy, remember all those people who helped change those tires.

### **Bernice Wahl**

As Vice-President of the Student Council, President of the Drama Club, and Editor of the school paper, Bernice has been a busy girl this year. A nursing career is calling her, and a busy life ahead.







**Donna Bujnowski**

Donna was treasurer of the COCJ Student Council this year. She is another talented graduate who excels in public speaking, singing, school work, and acting.

**Alandina LaPlante**

Alandina is from Cochin. Her serious and reserved disposition makes her a model student. What the future holds for this young lady, we do not know, because Alandina's quiet and secretive nature withholds this information.



**Diane Kahl**

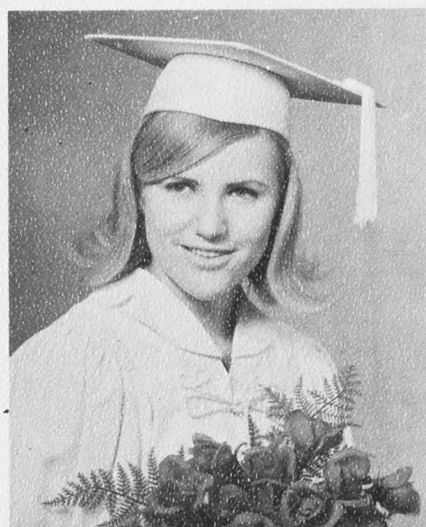
In a few years, be on the lookout for Diane, stewardess for Air Canada. If you get on her flight, consider yourself lucky, for Diane will probably serve you one of those tasty dishes she learned to serve at the Dog 'n Suds.

**Dorothy Guthrie**

I would like to read a poem written about Dorothy by one of her classmates:

"She's little, but she's wise,  
She's a terror for her size."

Because of her ability to put her point across, Dorothy is sure to be a success as a teacher.



**Annette Cote**

Annette has been our capable and efficient President of the Student Council this year. We are sure that with her agreeable personality and her zest for living, she will achieve her goal. We'll all miss her famous words — "Okay — Umm!"

**Rita Murphy**

Rita comes from Battleford way on our well known local bus. She's reserved and quiet during class, but enjoys a lively chat now and again. Her ability to converse with people will win her friends when she steps forth into the future.







**Sister Lucienne, Room Teacher**

## Grade Twelve B

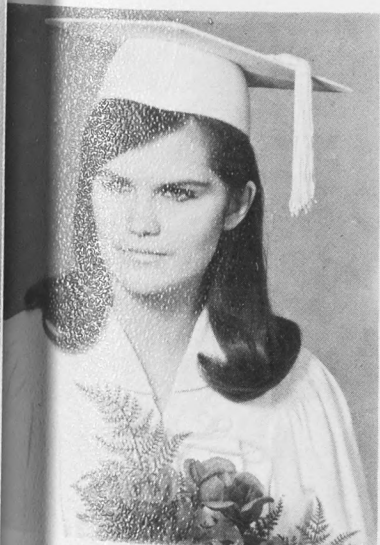
### **Theresa Holick**

Theresa, with her happy-go-lucky nature and pleasant outlook on life, will surely be a success in any career. She seems to enjoy a discussion during Literature class. Must be something of special interest, no doubt.



### **Jeannette Ricketts**

Jeannette is the silent type who doesn't believe in saying much — at least, not at school. Her future, we have to admit, is hidden somewhere behind her thoughtful, mysterious smile.



### **Patricia Kramm**

Here's a girl who speaks her mind and is not afraid to do so. She is refreshingly original, and an efficient organizer. Patt is headed for University, with a special interest in social work.

### **Wendy Guillot**

Wendy, our Convent taxi driver, plans to take up flying. Meanwhile, she practices with her car. If she ever takes up commercial flying, United Cab will lose their business for Wendy's air taxi will be faster and more efficient.







**Patricia Feist**

Pat is always friendly, but never forward. She has a smile of rare charm that will take her far in her career as a nurse. Her generous disposition will be an asset to her profession.

**Caren Schriml**

This lively girl is a brightener of everyone's day. Her company is always appreciated, and she is ever willing to lend a hand. As COCJ's candidate for Confederation Queen, she displayed more of that charm which, we feel, will be a great asset to her in whatever she does.



**Treana Quinn**

Treana excels in public speaking, singing, drama, and writing. She came first in the whole province in the Peace Awards Senior Essay Contest, capturing the John XXIII Peace Award. With her many capabilities she should succeed in her future career as a nurse.



**Bernadette Nolin**

Bernadette's energy and enthusiasm will make her a great success in life. Her experience as a Candy Striper should prove valuable when she begins her career as a physiotherapist. She is also a whiz at driving little cars.



**Elaine L'Heureux**

Gazing into Elaine's future, we see her in a classroom, only this time she is teaching. We hope that if ever Elaine gets annoyed with her pupils, she will remember herself as a student, and be generous.

**Joan Koopman**

Joan, with her flair for life, has never a dull moment. She enjoys hockey, skating, swimming, and especially her extra-curricular activities in her grey Meteor. We have one question to ask Joan, "What is the major attraction at the hockey games?"





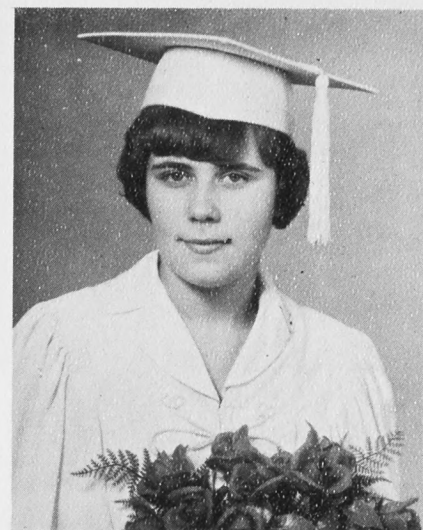


### **Shirley Martin**

Shirley is another of our talented students. She has a flair for playing the Spanish guitar and singing. Her interests point to commercial — no doubt she will strum her way through Business College.

### **Mary Gutenberg**

As another Florence Nightingale, we are sure that Mary will be as great a success as she has been at school. Her special interest is the Missions, and here, we feel sure, she will fill a great need.



### **Linda Pelchat**

Linda was President of the Safety Council this year. From Regina, where she represented the Convent and where our Scrapbook was displayed, she brought us the Provincial Award. She stands up for her rights and usually gets what she is after. Linda is going to study journalism. We are sure that her experiences at the Dog 'n Suds will give her much to write about some day.

### **Linda Zimmerman**

Linda has been our Safety Council Treasurer for the past year. Her activities reveal her efficiency and her mathematical ability, all of which should prove useful in the Space Age. Perhaps a future in flying saucers??? Who knows?



### **Diane Stroo**

Diane, as our school Disc Jockey, kept us dancing every Wednesday noon hour, playing those groovy hit songs. In the near future, Toronto will gain a valuable citizen, and an efficient secretary.

### **Catherine Poitras**

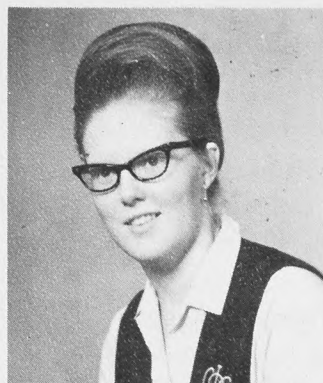
Kathy is a lively girl with an ambition to know the answers to all the questions she keeps asking. Her chatter will surely bring a response from her patients when she takes up her nursing career.







Sandra Bellegarde



Gail Price



Diane Halagaza



Brenda Pruden

## Award Recipients



### BACK ROW (left to right)

Lucille Nachtgale ..... Highest standing in the accordion solo class '67  
 Bernadette Nolin ..... Highest standing in Religious Instruction  
 Gloria Sabraw ..... Essay for the N.B. Assoc. for Retarded Children  
 Karen Higgs ..... Rebecca Lodge Scholarship for promising vocalist  
 Eileen Bowes ..... Knights of Columbus Bursary for most Deserving Student  
 Maureen Goodman ..... First in singing duet

### CENTRE ROW (left to right)

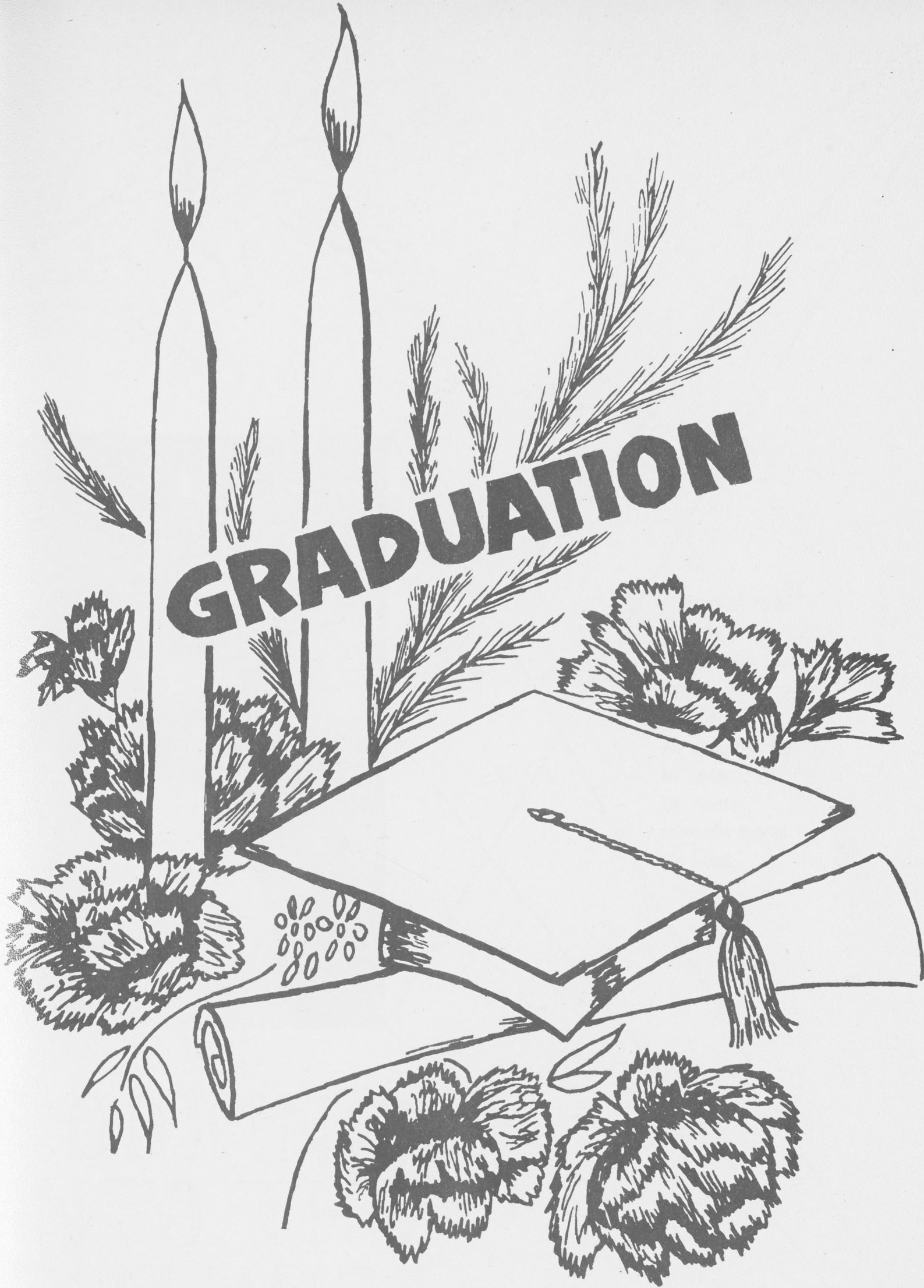
Lynda Gnadt ..... First prize in the Legion Remembrance Day Essay Contest  
 ..... Runner-up in the provincial finals of Credit Union Public Speaking  
 Treana Quinn ..... Provincial John XXIII Peace Essay Award  
 Linda Dally ..... Greatest Improvement Grade 9  
 Linda Pelchat ..... Safety Council Provincial Award  
 Dorothy Guthrie ..... Second prize in Legion Remembrance Day Essay Contest  
 Judy Polischuk ..... Greatest Improvement Grade 11  
 Christina Bird ..... Greatest Improvement Grade 10

### FRONT FROW (left to right)

Caren Schriml ..... Leadership trophy  
 Elaine L'Heureux ..... Holota Shield for outstanding achievement in Social Studies  
 Linda Zimmerman ..... Asmussen Shield for outstanding achievement in Mathematics  
 Helen Tusznio ..... Knights of Columbus Shield for outstanding  
 ..... achievement in French  
 Donna Bujnowski ..... Maher Shield for outstanding achievement in English  
 ..... General Proficiency Medal  
 Sharon Barchuk ..... McInnis Trophy for Best Supporting Actress



# GRADUATION







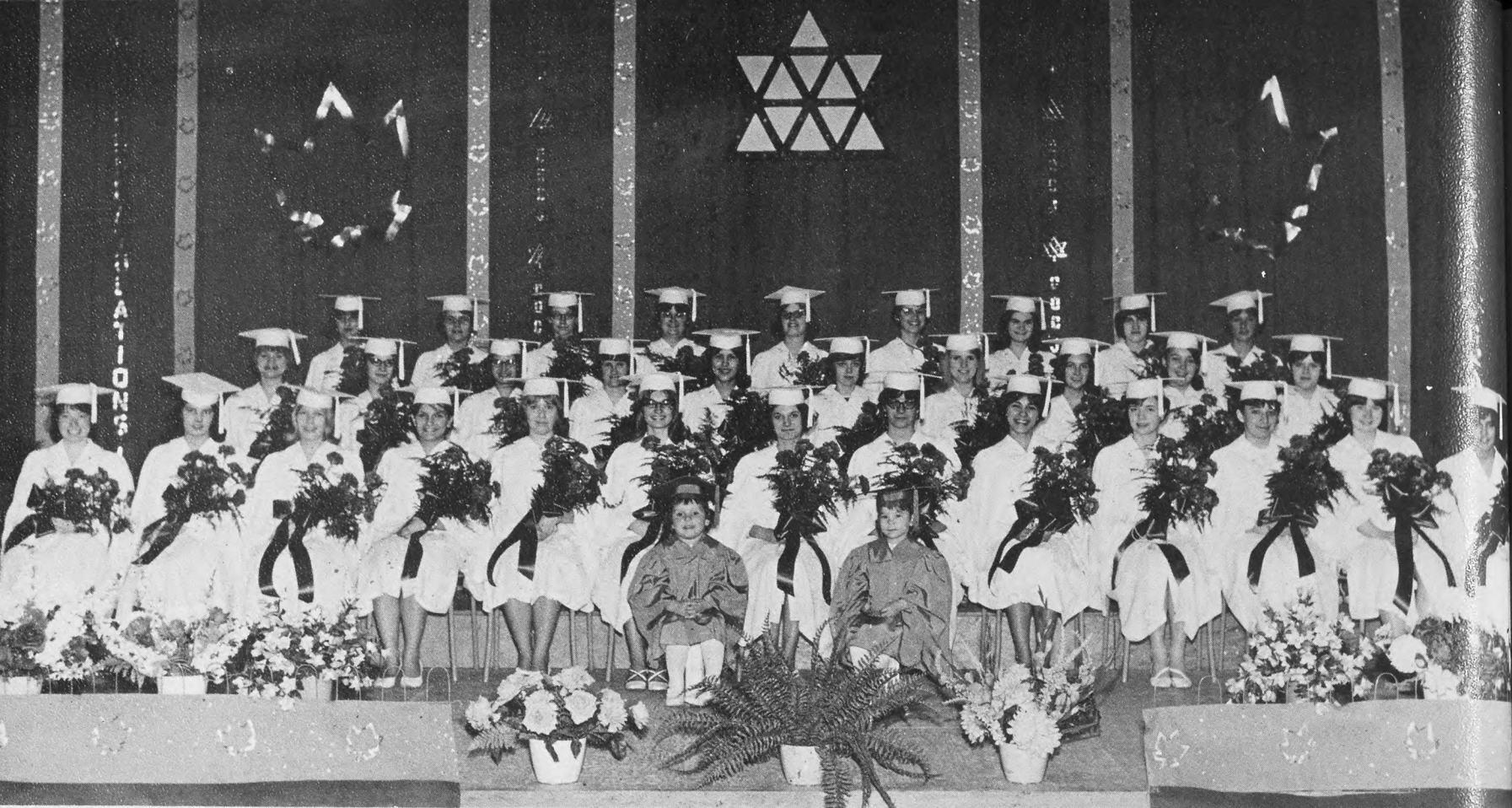




A NOBLE LIFE  
IS NOT A BLAZE  
OF SUDDEN GLORY  
WON —  
BUT JUST  
AN ADDING UP  
OF DAYS  
IN WHICH  
STRONG WORK  
IS DONE.

LOOKING  
INTO THE  
FUTURE...





Back row (l to r): Diane Stroo, Mary Gutenberg, Bernice Wani, Bernadette Nolin, Wendy Guinot, Shirley Martin, Patricia Kramm, Eileen Bowes, Marlene Reschke. Centre Row: Olga Kudyba, Mary Ann Omilon, Theresa Holick, Diane Kahl, Alandina LaPlante, Lynda Gnad, Añnette Cote, Jeanette Ricketts, Linda Zimmerman, Patricia Maksymchuk. Front Row: Dorothy Guthrie, Rita Murphy, ml, Gayle Chapman, Linda Pelchat, Treana Quinn, Cath-Bujnowski, Barbara Angell, Joan Koopman, Caren SchriPatricia Feist, Helen Tuszno, Elaine L'Heureux, Donna erine Poitras. Two little girls: Sharon Reschke, Brenda Pelchat.

## THREE "DO'S" FOR THE JOURNEY

(excerpt from Father Exner's Speech)

You, the graduands of the Centennial Year, are about to begin your life's journey on your own. If you want that journey to be happy, fulfilling and useful, then set your sights on the destination that you want to reach. Make God's aim for you the aim of your life and choose a career accordingly. To be more specific, let me single out three concluding points:

1. Choose the career in which you can contribute the most to God and country — not the career in which you can amass the greatest amount of wealth with the least amount of effort. Be others-seeking, not self-seeking.
2. Choose the career that befits your ability. Don't choose a career that is inferior to your God-given talents and gifts. Think big. Develop all your talents to the maximum and then use them to the best of your ability, not just to earn a decent living, but rather to do as much as you can in generous service of God and fellowman. Use your talents, don't bury them.
3. You claim to belong to the go-go generation — well, let's see you go — for all you're worth — in the right direction and for the right reason. And happy landing to each and everyone of you. ●



# Valedictory

It is my honor and privilege, on this, the fourteenth day of May, 1967, to give the farewell address on behalf of the COCJ graduates.

I am told that the world is progressing, and that each day one learns something new; life consists of learning, and of growth. A child, within the space of a few short years, learns to walk, to talk, and to express himself. From the moment one is conceived, the process of learning begins, and it continues until the day one dies. Along the way of life, one makes many important decisions, starts out on many new paths, reaches many milestones. One of these milestones is reached the day one graduates from high school. To a girl who is graduating, the event is indeed a memorable one.

A girl is a very special individual, for there is born within her the ability to love, the capacity to give, the inspiration to add grace and beauty to a world of cold reality. As these young women leave their homes to venture into the world, we must pray that they will not lose their simple trust, their gentleness, and their generosity. But we know life can bring many heartaches. The experiences of loneliness, rejection, perhaps even degradation and despair may come their way in future years. Because they have faith and pride in womanhood, they have within them the power to overcome all difficulties.

As I look at each of the graduates, I see my friends, but more than that I see in each one of them, an individual. It is a profound moment when one realizes that never again will one meet anyone exactly like this. To watch this group of young women, in work, in thought, and at play, is a very rewarding experience, for at some chance moment, one may behold the truth reflected in the eyes of a thinker, hear a laugh out of good spirits, or see a mischievous grin, or twinkle in the eye of a not so serious student. In this pressurized society, individualism may easily be lost. It is something we must work and strive for, and when we find it, guard it carefully.

I once read that it matters not so much what one is in life, but that one is an individual. At this time in our lives, when our future seems so important, we must not forget the pre-

sent. We must live every day to the fullest, and when it is over, ask ourselves: "Was I honest with myself today? Was I true? Did I try my very best?" Certainly these are soul-searching questions, but if we can answer them in the affirmative, then surely happiness will be ours in life. If we can find contentment in ordinary things — a child's laugh, a sunrise, if we can enjoy a gentle breeze on a bright spring morning, then life will seem to us beautiful and good. And always, we remember that for each one there is a special job to do:

"The world is waiting for somebody,  
Waiting and watching today,  
Somebody to shield and strengthen,  
Somebody to lift and stay.

Do you thoughtfully question

"Who?"

'Tis you, my friend, 'tis you.

The world is waiting for somebody  
And it has been years on years;  
Somebody to soften its sorrows,  
Somebody to heed its tears.

Then doubting question no longer

"Who?"

For, oh, my friend,  
'tis you, 'tis you."

There are many to whom we feel grateful and indebted on this occasion. To the teachers, we say "thank you". You have taught us much in the space of a few short years — unity, charity, kindness, and obedience. Yours are the lessons that will help us in our lives to come. Dear parents, thank you. Yours was the gift of life, precious and valuable; but, you not only gave us life, you loved us, even when it must have been impossible. You were patient when we were wrong, and angered when we were unjust. Your love has taught us responsibility and maturity. To all others who have helped us on our way, and by good example and encouragement were a source of inspiration to us, we are also grateful.

To the graduates, I say farewell. Each one of you, in your wisdom, has helped me to grow up. May good fortune be with you, and your lives be happy. I wish this for you, but more than this, I wish for each one of you to be a woman, wonderful and wise. Accept each person you meet in life, not by his rank, but by his character. Look forward to each day in your life



— make it golden, something to be remembered. But always, be kind, for kindness stems from love, and love is the true beauty of a woman.

Our years at the Convent have been eventful ones, perhaps some of the most important in our lives. Certainly we will remember these years of our youth as happy ones, for it is here that we learned how co-operation can make dreams come true. On an occasion such as this, we realize just how much we have learned at the Convent — especially the lessons of truth, wisdom, and love. I'm sure each one of us feels within, the true spirit of COCJ.

In conclusion, I would offer you this challenge, for it is one that if taken up, will help each person to live, to love, and to be happy.

"I would be true, for there are those who trust me,

I would be pure, for there are those who care.

I would be strong, for there is much to suffer,

I would be brave, for there is much to bear.

I would be a friend of all the poor, the friendless,

I would be giving, and forget the gift.

I would be humble, for I know my weakness,

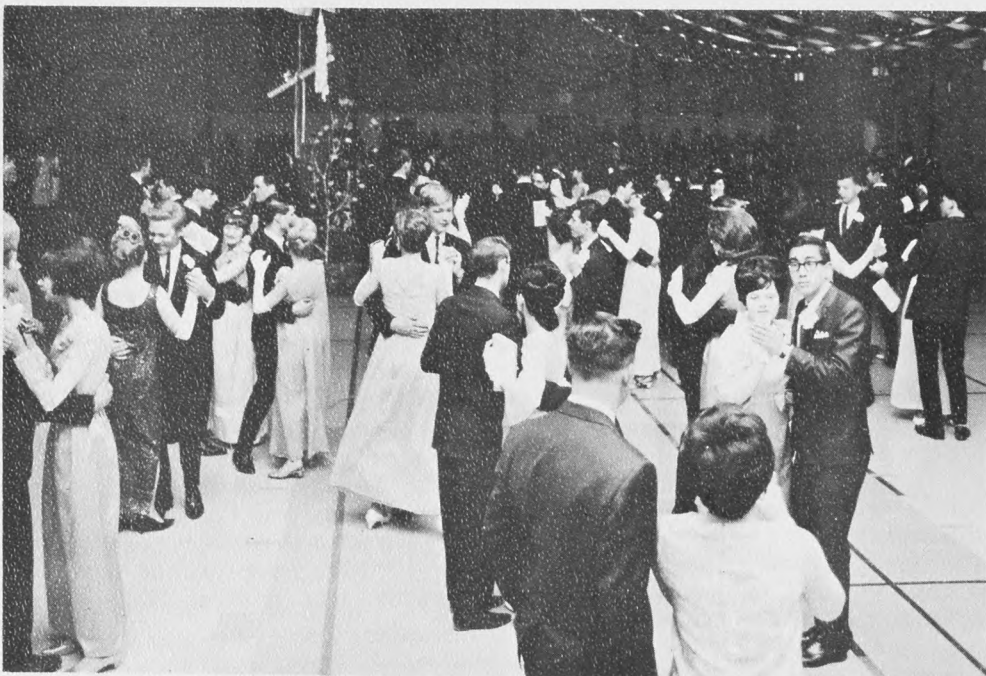
I would look up, and laugh, and love, and live!"

— Lynda Gnadt, Valedictorian





Keep those rows straight!



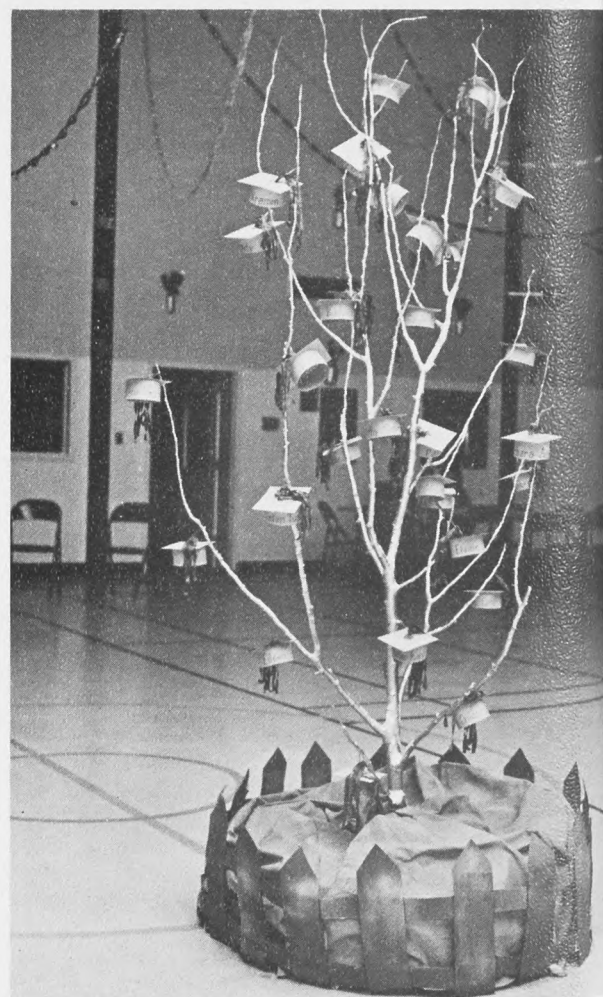
... and away we go!



One, two, three, step.



Stop! Smile!



It's not a money tree but we like it!





Father Adam Exner, OMI, Guest Speaker



It's a long way to the back!



Pretty picture? We think so!



Katherine Nizinkiewicz, Mistress of Ceremonies



Which way to go?



OLGA



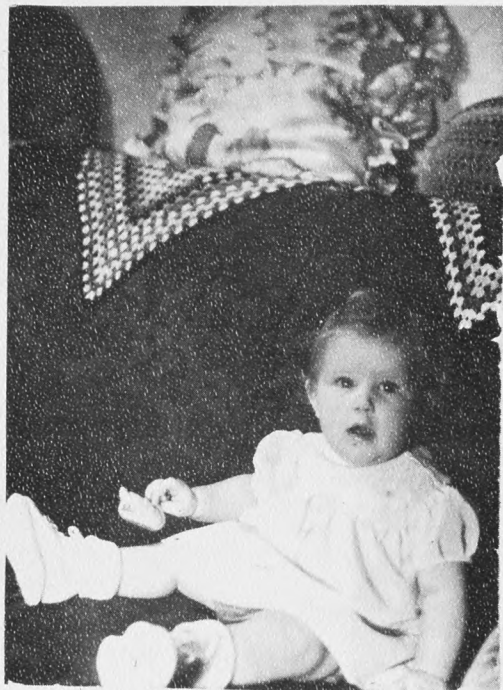
It's my trike and I'll  
ride it!!

DIANE S.

Perched on  
Mama's lap.



PAT F.



Did he really  
say that?!

HELEN



Please,  
may I  
have it  
now?

DONNA



Summer time and  
livin' is easy...

LYNDA G.



Ah, go on. You  
can't fool me.

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A



Please help  
me down.





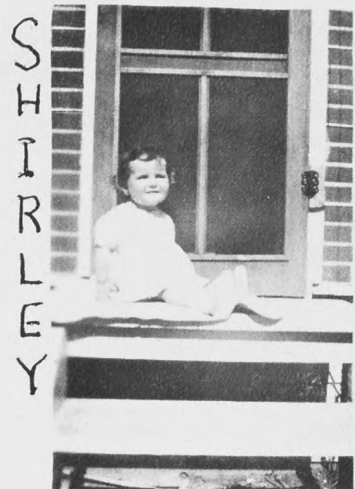
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I said  
No!!-  
and I  
mean  
No!



What do  
you mean,  
'do I live  
here'?

PATT K.

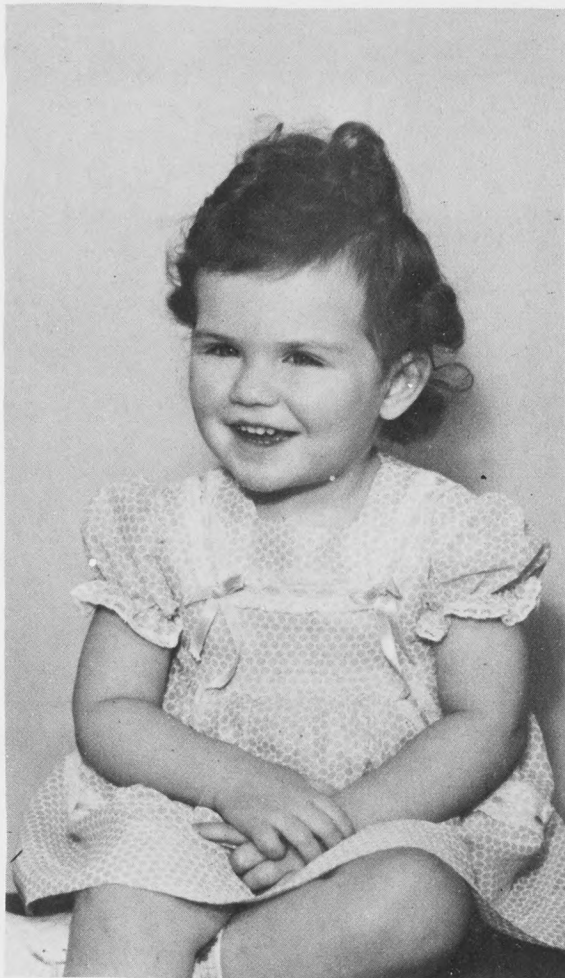


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DIANE K.



I'm awful  
shy.



Say! I remember  
him!!

WENDY



He tried to  
get away—but  
I grabbed him.

DOROTHY



Come here  
and say  
that!



BERNICE

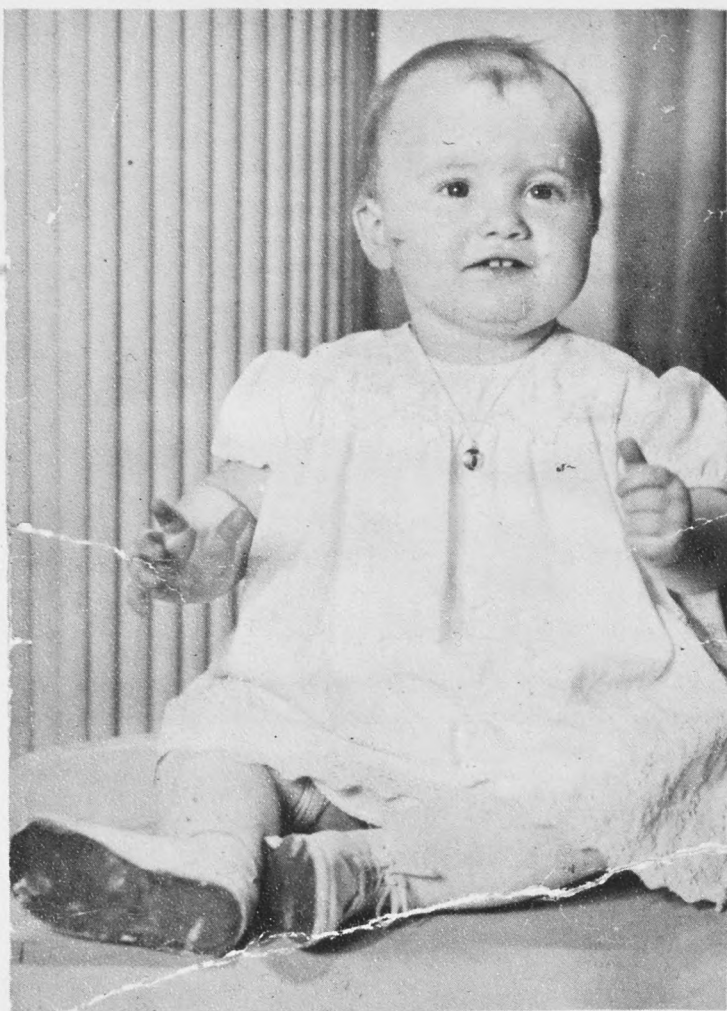
Teddy's my  
really and  
truly friend.

JEANETTE



But I don't  
want my  
picture taken.





TREANA

And along came  
this monstrous...

LINDA P.



Ah! the  
great  
outdoors.

CAREN



Well! How  
do you like  
that?!

ELAINE



What!  
Again?

THERESA



It's rather  
serious, you  
know.

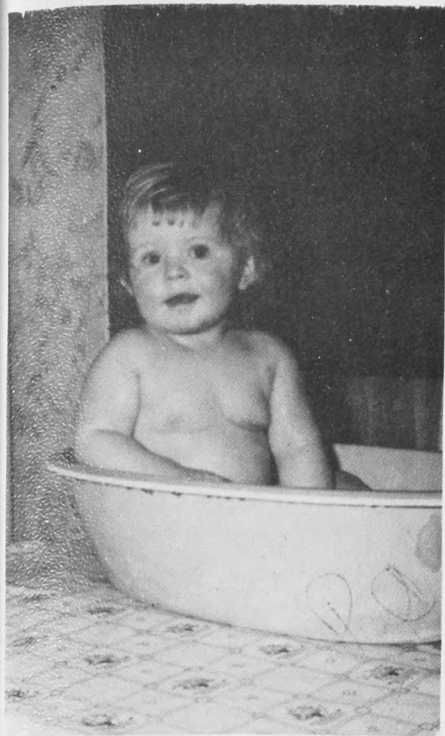


EILEEN  
Mom!!!



MARY  
Button nose.





PAT M.  
Hi there!

JOAN



Splish, splash,  
I was takin'  
a bath.



BARBARA  
So, you came  
back, did you?

A L A N D I N A



Don't push  
me!

M A R L E N E



Nature Girl.



BERNADETTE

Help, it's  
comin' off!

MARY ANN



Little red  
rented  
row boat?

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E

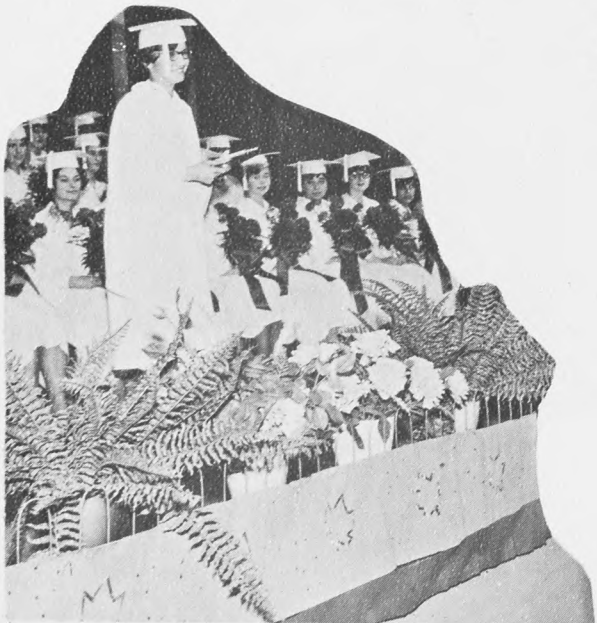
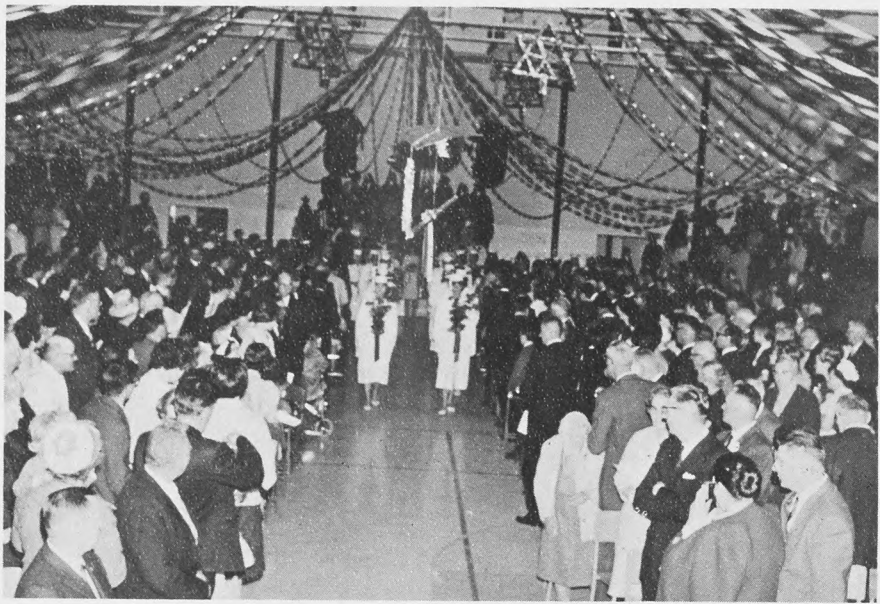
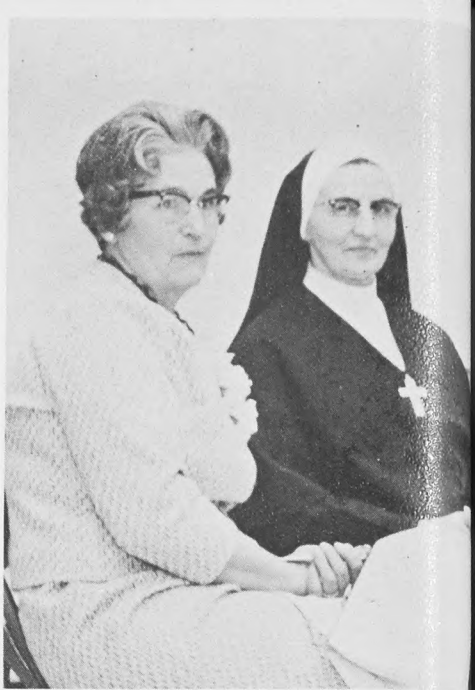


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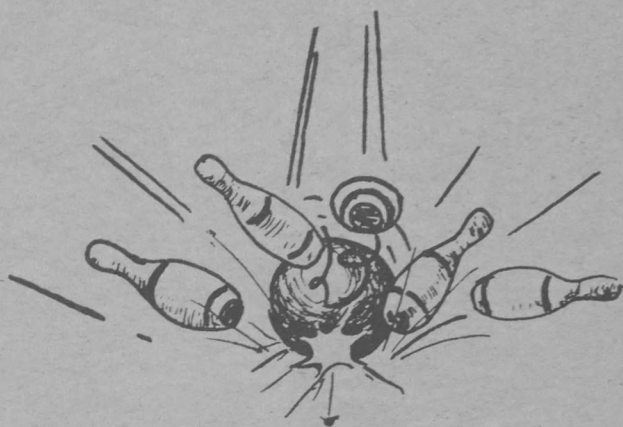


LINDA Z.  
O.K., buddy,  
Back up.









# Athletics



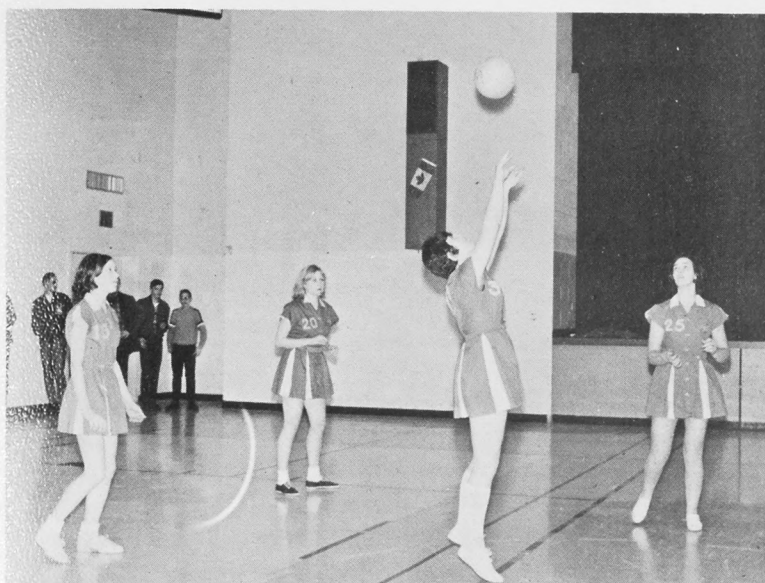








Back Row (l to r): Darlene Bahrey, Eileen Bowes, Diane Kramm, Clara Bowes, Judy Sager. Front Row (l to r): Marg Cote, Dianne Blair, Annette Cote



"Up and at 'em, Marg!"

Dianne Blair, Judy Sager, Marg Cote  
Clara Bowes



"Not too hard!"  
Clara Bowes

## Volleyball

THE 1966-67 volleyball season proved to be the best ever. There was a league in which five teams were competing. They were: NBCI, BCI, Maymont, Delmas, and COCJ. At the end of the season NBCI came first winning 11 games, then BCI and COCJ tied with 10 games each, and last were Delmas and Maymont.

The North West Zone playoffs were held at BCI, and here again the Convent defeated Wilkie, Good-

soil, and Maymont to emerge the victors of Section A. We went on to compete with the winners of Section B, BCI for the right to go to Saskatoon for the provincial playoffs. BCI defeated us in two straight games.

Sister Marie Denise, our capable coach, gave us an expense-paid trip to the Saskatoon playoffs for having done so well.

As captain, I would like to thank all the girls who showed such wonderful sportsmanship. I am sure that next year you will be in Saskatoon for the Provincial playoffs!

— Annette Cote, Captain





Back Row (l to r): Sister Marie Denise, Claudette Kergoat, Mary Ann Baxter, Janet Duhaime, Diane Kramm, Judy Sager, Irene Ulsifer, Jean Orchison. Front Row Marg Cote, Dianne Blair, Helen McIvor.



"It's mine!" Dianne Blair, Marg Cote, Helen McIvor

"Yippee!"



## Basketball

Whenever there was a game to be played, we were there — ready and willing to do our best. Enthusiasm was always high, and although we did not win as many games as we would have liked to, we did have an enjoyable time.

On behalf of the team, I would like to thank Sister Marie Denise, our manager, and Miss Jean Orchison, our coach, for their patience and understanding shown throughout the year. Also, our sincere thanks go to the Staff of St. Thomas College for the use of their gymnasium. We hope, some day, to have our own gym, but we will always remember their generosity. Last but not least, thanks to the cheerleaders and spectators. Your loyalty and support were appreciated.

To the team, I can truthfully say that the time and effort you put into the game was well spent. Thanks for a great year of basketball. I'll see you next season on the court. Newcomers are welcome.

— Irene Ulsifer, Captain





Back Row (l to r): Sister Denece Marie, Judy Payne, Yvonne Weitzel, Donna Zimmer, Kneeling: Lynn Weedmark Left: Theresia Schwab Right: Pat Wilson



ACROSS: Pat Wilson, Judy Payne, Donna Zimmer, Mr. Ford, Diane Kramm, Yvonne Weitzel, Lynn Weedmark, Theresia Schwab.

## Cheerleaders

THIS YEAR saw a complete change in the cheerleading group. The cheerleaders spent much of their time learning and practising cheers under the direction of Sister Marie Denise. They travelled to such places as Unity, Meadow Lake, and Saskatoon to encourage the teams. The teams greatly appreciated the loyalty and support of the cheerleaders. Thanks girls!

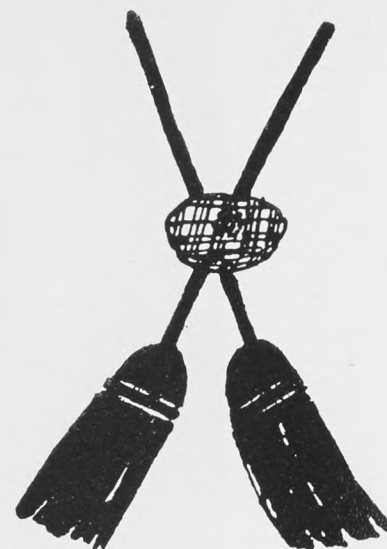
CLOCKWISE FROM LOWER LEFT: Yvonne Weitzel, Theresia Schwab, Pat Wilson, Lynn Weedmark, Donna Zimmer, Judy Payne.







Back Row (l to r): Sharon Barchuk, Linda Braunagel, Barbara Dutton, Clara Bowes, Eileen Bowes, Linda Nachtegale. Front Row: Pat Ferguson, Jana LaFreniere, Maur-  
een Goodman, Linda Dally, Rose Marie Jullion.



# CURLING

## "OVER THE HOG LINE"

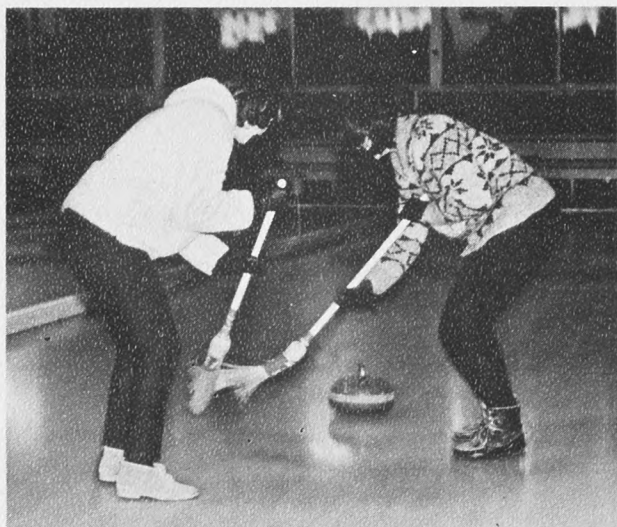
THANKS to the girls who participated in curling this year. A special thanks to the girls who brought honor to COCJ in their semi-final bonspiel game during the winter. It was a near victory with a wonderful effort on behalf of the whole team.



"Easy does it!"

Jana LaFreniere

"Faster!" Linda Nachtegale and Clara Bowes



"COCJ Representatives in the North West High School Bonspiel": Pat Ferguson, Barbara Dutton, Clara Bowes, and Eileen Bowes.

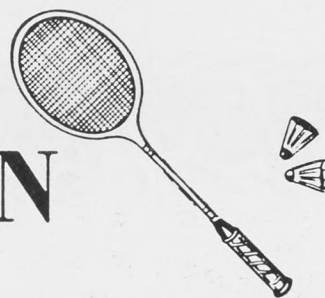






Back Row (l to r): **Marg Cote, Darlene Bahrey, Diane Kramm, Gail Sager, Janet Duhaime.** Front Row: **Diane Blair, Sharon L'Heureux, Chris Bird, Wilda Sankey.**

# BADMINTON



## "WATCH THE BIRDIE"

The COCJ Badminton team won many games and emerged victorious in the league play-offs at the end of the season.

Teams from Saskatoon, Prince Albert, Luseland, Kindersley, and North Battleford participated in the North-West Sectional Games. Darlene Bahrey and Dianne Blair won the Girls' Doubles in this tournament. Darlene and Dianne competed in Yorkton where they won the Girls' Provincial Doubles. Congratulations, girls!

Provincial Doubles: Dianne Blair and Darlene Bahrey.



"Oh, I've just got to hit it!"



Janet Duhaime and Dianne Blair





Back Row (l to r): Sandra Kovar, Lynn Langevin, Diane Kahl, Lucille Nachtegaele, Diane Halagaza, Jean Ballachay, Carol Halagaza, Martha Gratton. Second Row: Joyce Ballachay, Joanne Kuttai, Anna Albert, Charlotte Bauer, Chris Lojek, Caren Schriml, Yvonne Weitzel, Debbie Quehl. Front Row: Kathy Nizinkiewicz, Chris Bird, Jackie Lavoie.

## BOWLING

### "SPARE IT UP"

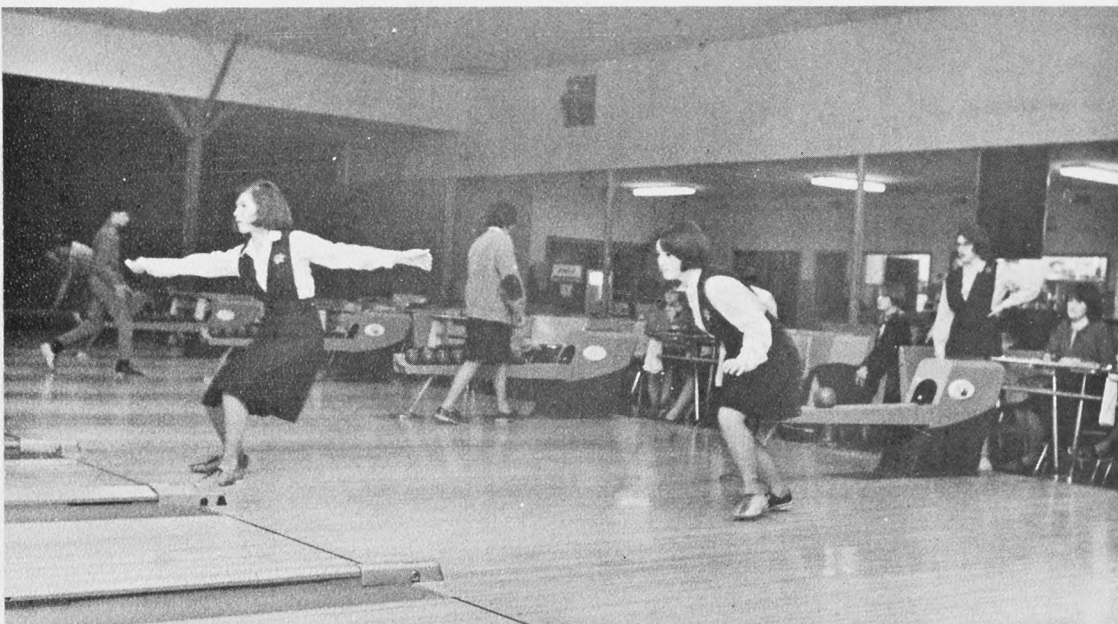
Much excitement prevailed throughout the entire season in Bowling. In the final roll-off Carol Halagaza's team came first. Dianne Blair had the high average of 170 for the season. Thanks for a lot of fun and for good sportsmanship.

— Diane Halagaza

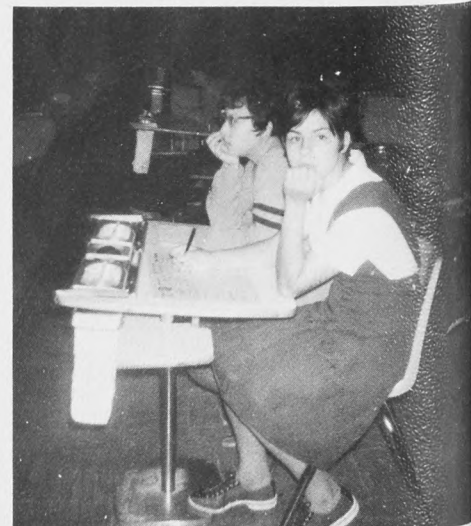


Winning team — the Strike-A-Longs: Jackie Lavoie, Kathy Nizinkiewicz, Carol Halagaza, Chris Bird, Joanne Kuttai.

"Ma, we're coming in for a landing!"



"Keeping score is a mighty dull job!"



Lucille Whitford and Betty Hettinger





Back Row (l to r): Pat Wilson, Jackie Lavoie, Kathy Nizinkiewicz, Janet Duhaime, Chris Bird, Darlene Bahrey, Chris Lojek, Diane Kramm, Joanne Kuttai, Wilda Sankey, Front Row: Gail Sager, Carol Halagaza, Dianne Blair, Marg Cote.

## Sports Awards

### Group Winners

#### NORTH WEST HIGH SCHOOL CHAMPIONS BADMINTON (mixed team)

Janet Duhaime, Chris Bird, Pat Wilson, Diane Kramm  
Diane Blair, Wilda Sankey, Marg Cote, Gail Sager  
Darlene Bahrey

#### BOWLING: TOP IN THE LEAGUE

Jackie Lavoie, Kathy Nizinkiewicz, Chris Bird, Joanne Kuttai,  
Carol Halagaza

#### CITY AND PROVINCIAL GIRLS DOUBLES IN BADMINTON

Dianne Blair, Darlene Bahrey

### Single Winners

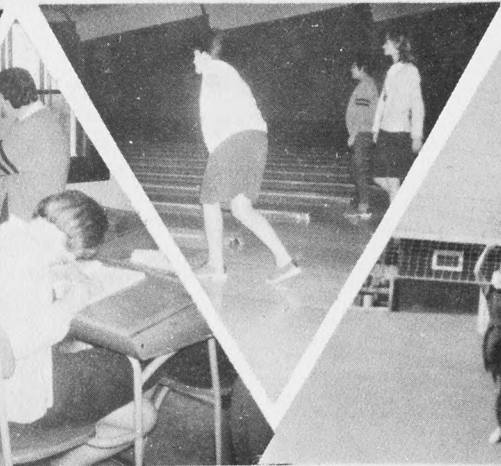
Highest Single Bowler  
Dianne Blair

Most Valuable Player Award for Basketball  
Marg Cote

Captain of the Winning Bowling team  
Carol Halagaza











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S







## Student Council



Back Row (l to r): Charlotte Herle, Jackie Woytiuk, Connie Mathias, Caren Schriml, Linda Piche, Georgina Friestadt, Theresia Schwab. Front Row: Gayle Chapman, Annette Cote, Sister Mary Margaret, Bernice Wahl, Donna Bujnowski.

Standing (l to r): Elaine Gregoire, Linda Gutenberg, Irene Marchewka, Mary Gutenberg, Beatrice Forest, Betty Ternier, Pearl Beland, Darlene Rose, Judy Ternier. Front Row: Olga Kudyba, Caren Schriml, Sister Lucienne, Theresa Holick, Dorothy Guthrie.



## Legion of Mary



## Newspaper Staff



Standing (l to r): Judy Ternier, Bernadette Eischen, Elaine L'Heureux, Betty Ternier, Pearl Beland, Barbara Dutton, Annette Cote, Clara Bowes, Mary Sulej, Linda Piche, Elaine Arsenault, Janet Duhaime, Treana Quinn, Olga Kudyba, Pat Ferguson, Maria Deverdenne. Front Row: Kathy Nizinkiewicz, Bernice Wahl, Miss Bilokreli, Valerie Nielsen, Diane Halagaza.



## Yearbook Staff



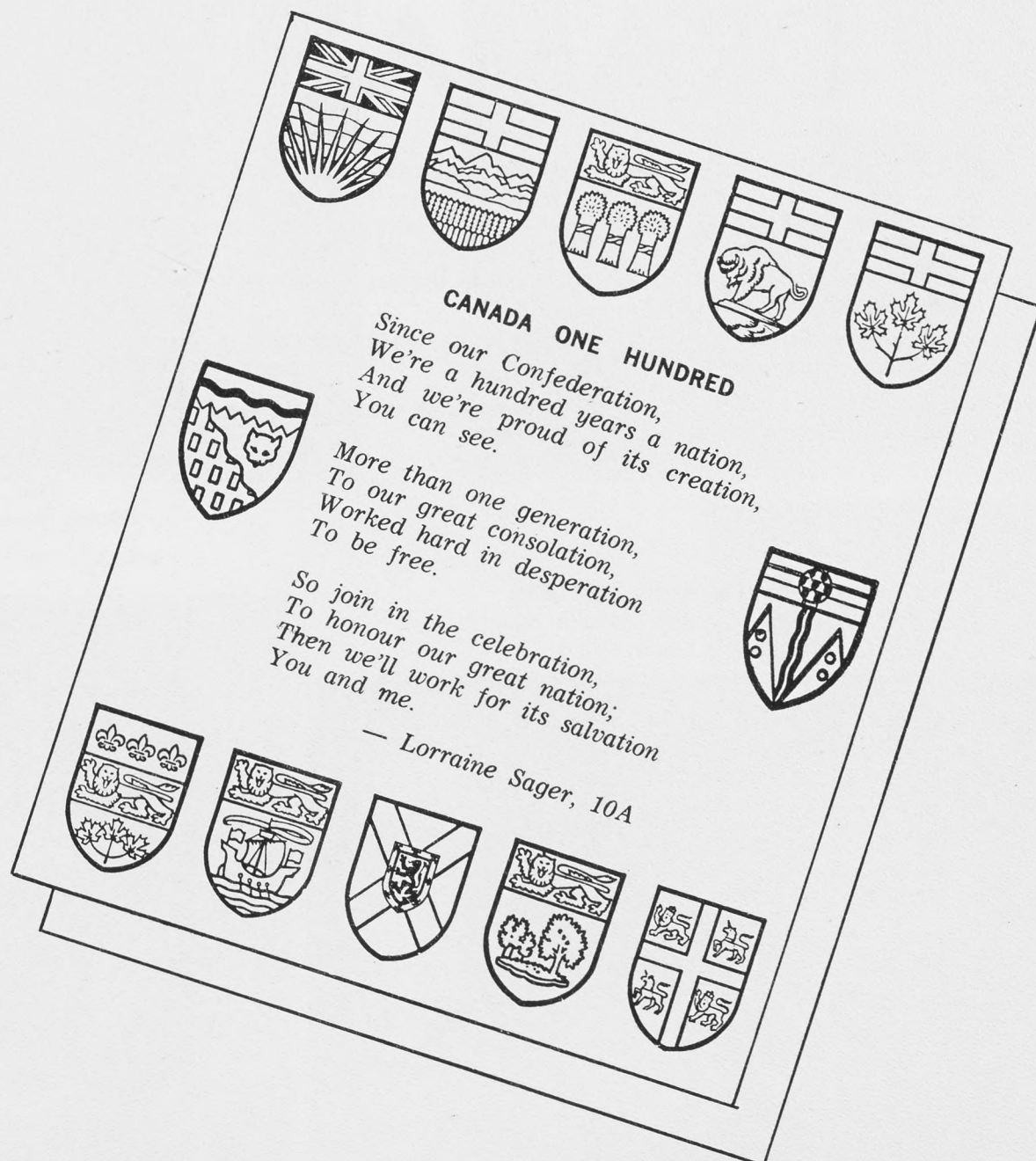
Standing: Mary Kindrachuk, Lianne Chasse, Gisele Hamel, Karen Wyatt, Lynn Langevin, Jean Ballachay, Bernadette Nolin, Linda Pelchat, Kathy Nizinkiewicz, Charlotte Bauer, Wilda Sankey, Helen McIvor, Seated: Helen Larmour, Donna Bujnowski, Mrs. Guina, Helen Tuszno, Diane Halagaza.



# CANDY STRIPERS



Back Row (l to r): Judy Kayfish, Patricia Maksymchuk, Mary Ann Omilon, Mary Gutenberg, Sharon Yochim, Brenda Piper, Judy Polischuk. Front Row: Linda Zimmerman, Treana Quinn, Bernadette Nolin, Caren Schriml, Gayle Chapman.







Back Row (l to r): Donna Bujnowski, Lynn Kindrachuk, Linda Hauk, Maureen Goodman, Gail Price, Elaine Arsenault, Sandra Kovar, Treana Quinn, Paulette Foisy. Front Row: Bernice Wahl, Miss Bilokreli, Mrs. Griffin, Connie Mathias, Mary Ann Omilon.



# DRAMA

ONCE AGAIN the Drama Club proved an interesting and worthwhile school enterprise. The Convent had two plays in the Annual Drama Festival, held this year on February 23rd and 24th. *The Case of the Weird Sisters*”, directed by Mrs. Griffin, and *The Flattering Word*”, directed by Miss Bilokreli, were the Convent’s contribution.

Sharon Barchuk playing Mrs. Zooker in *The Flattering Word* won the award for best supporting actress.

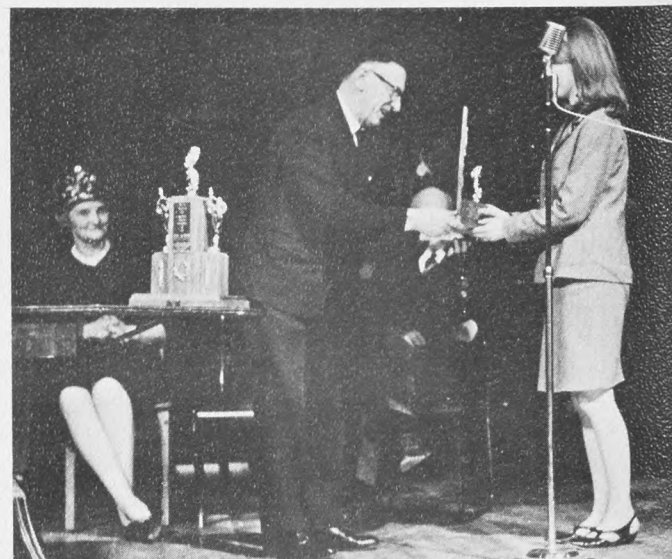
A lot of hard work and good solid cooperation made this year in drama a success.



**THE FLATTERING WORD**  
Donna Bujnowski and Sharon Barchuk

## THE CASE OF THE WEIRD SISTERS

Angela Holota, Cheryl Huard, Sandra Kovar, Jana LaFreniere, Laura Deary



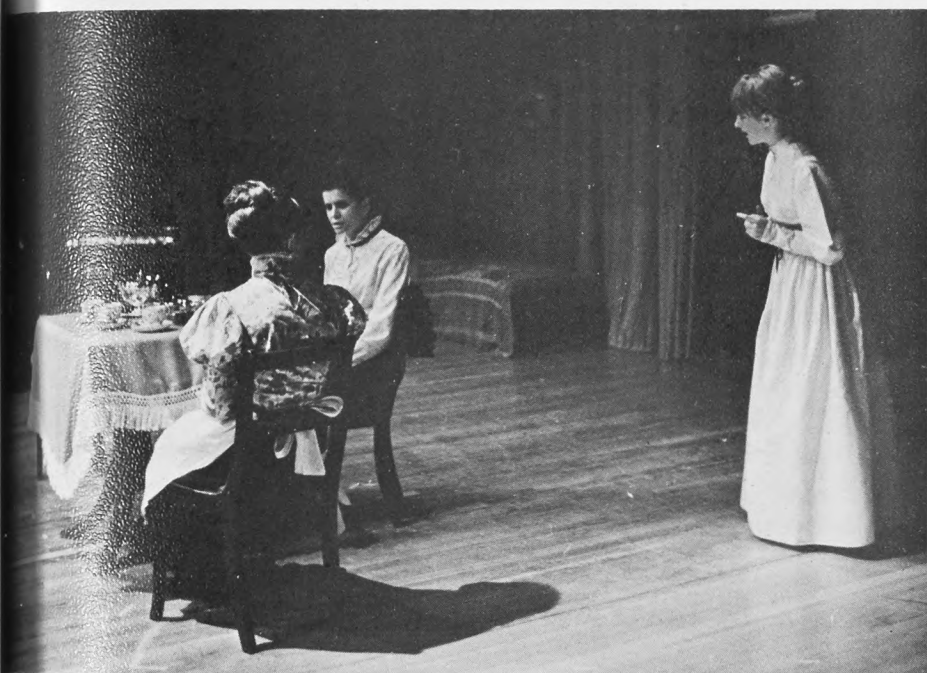
Award for Most Promising Actress  
Sharon Barchuk



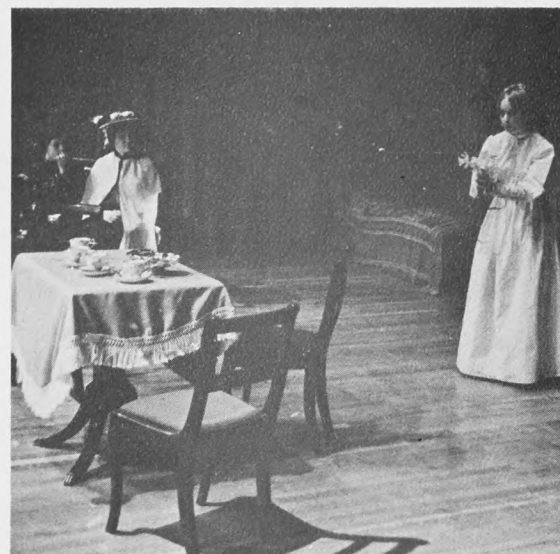


Karen Higgs, Sharon Barchuk, Gloria Sabraw (back)  
Donna Bujnowski, Diane Donahue (back).

Jana LaFreniere (back), Sandra Kovar, Laura Deary



Gloria Sabraw, Karen Higgs, Diane Donahue



Cheryl Huard, Angela Holota, Laura Deary

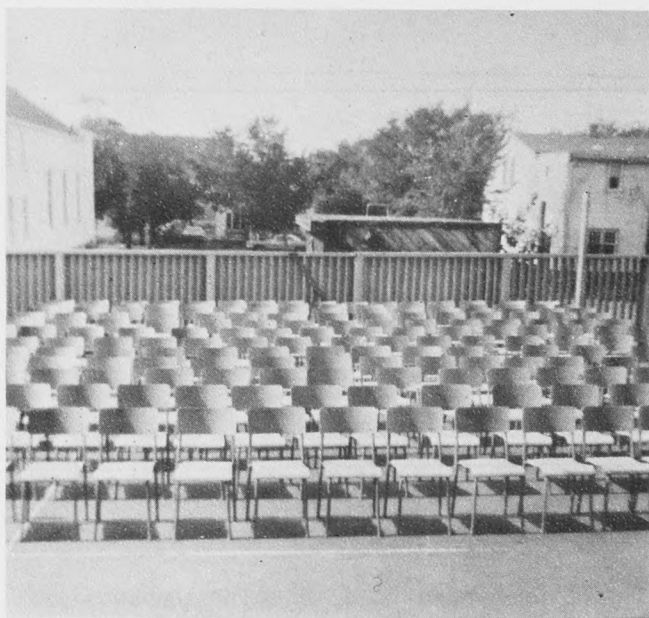
Donna Bujnowski, Sharon Barchuk



Father Hellman,  
President of  
The Battlefords'  
High School  
Drama Association







Quiet beginning of a happy, noisy  
Freshie Day



Brenda Piper, Dianne Blair  
Lucille Nachtegale, Theresa Holick  
are enjoying their Freshie Day goodies

# FRESHIE DAY

ON THAT beautiful September 16th morning the freshies were aroused at 7:00 a.m. to begin their day of drudgery under the supervision of their seniors.

As the bell rang in the morning, the convent beheld the presence of those strange looking freshies clad in an assortment of odd looking apparel. Lessons were carried on from 9 until 12. At noon the fun really began for the seniors made their freshies cater to their wants and likes. Around 2 o'clock the school gathered for "Freshie Court" which penalized

the freshies with such penalties as washing the convent stairs with a toothbrush and blowing a dime out of a cup of flour. The freshies then started a record hop after which delicious refreshments were served.

That evening the COCJ and STC freshie dance was held at the STC gym. Sharon Barchuk and Francis Bischoff were honoured by being crowned Freshie King and Queen.

All went home realizing that the 66/67 Freshie Day was a tremendous success.

Maybe Sister Marie Therese, Sister Patricia Ann, Sister Jacqueline Marie and Sister Georgina Marie are discussing the Freshies?!



Annette Cote, Gayle Chapman and Caren Schriml counting ballots from the elections







Anne Vany and Margie Wozny busy at work on a senior's car



Pat Kramm, Freshies and Jury at Freshie Court



Freshie Day fat lady is Vera Wolokoff



Sister and girls enjoying Freshie Day



"That's awful!" says Judge Lynda Gnadt as Senior, Bernice Wahl, accuses a guilty Freshie.



"Anyone for potato chips?" says Mrs. Griffin, trying to tempt Miss Bilokreli and Mrs. Guina.





Gail Sager



Lynn and Mary Kindrachuk

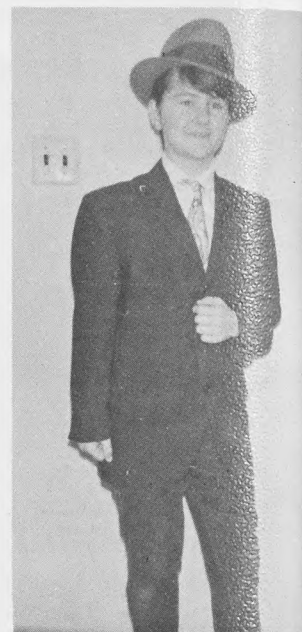


Maria Deverdenne and Cheryl Huard in  
"A Love Lesson for Scotty."

Marie Dumais and Linda Gutenberg



Charlotte Bauer as Mr. Knoll in the  
"The Miracle of the Madonna."

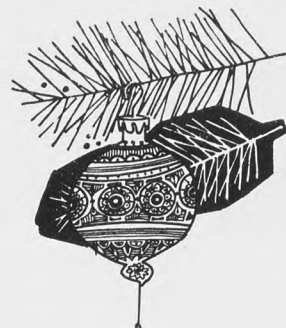


# CHRISTMAS PARTY

THIS YEAR, the Christmas Party was held in the Notre Dame Parish Hall on December 22. The program, consisting of at least one item from each room, included several musical numbers, two square dances by the Grade 9's, a Ukrainian folk dance, and three plays: "The Night before Christmas" by 12A, "The Miracle of the Madonna" by 10B, and "A Love Lesson for Scotty" by 9B.

Following the entertainment, a delicious banquet was enjoyed by all.

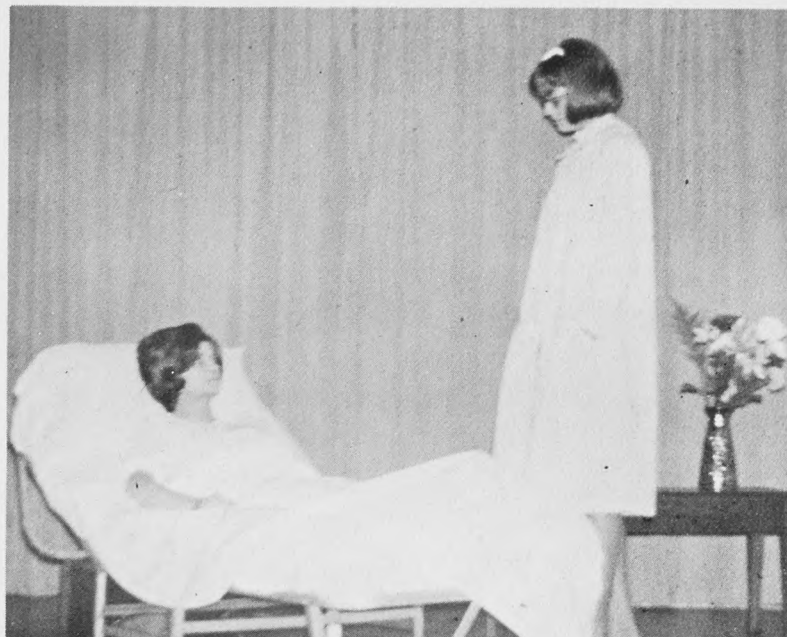
Special guests were: Sister Carmen Michelle of Nelson, B.C. Superintendent of Schools Mr. Holota, Mrs. Holota and little Natalie Holota.







Karen Higgs and Kathy Nizinkiewicz



Sandra Kovar as Marianna, and Diane Kramm as Doctor Branson, in "The Miracle of the Madonna."

## GRADE XI-B CHRISTMAS SONG

(Sung to the tune of "Jingle Bells")

### CHORUS

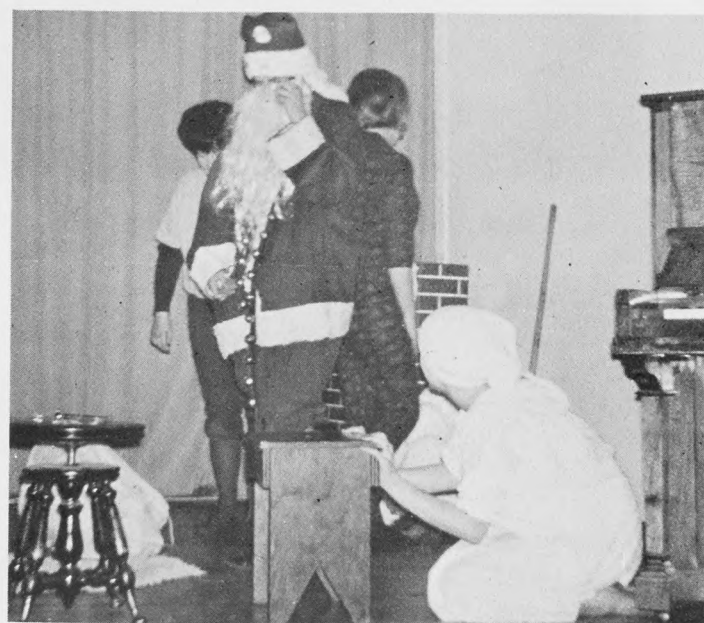
Convent Belles, Convent Belles, singing out their fun!  
Oh, what fun it is to meet, each and every one.  
Convent Belles, Convent Belles, singing out their fun!  
Now at last we can rejoice because our school work's done.

One Thursday afternoon we thought we'd have some fun.  
So we all got together and then our fun "began".  
At last our plans were made, including every grade.  
The work and decorating done with our teachers' loyal aid.

### CHORUS

We're having a program in which we'll all partake,  
And soon we'll go downstairs and eat our Christmas steak.  
We hope you've all enjoyed yourselves, but don't you go away.  
We have to clean our mess up. So therefore you must stay

### CHORUS



Patricia Maksymchuk, Eileen Bowes, Olga Kudyba, and Annette Cote, in "The Night Before Christmas."



Shirley Martin





Bulletin Board During Safe Driving Week



President Linda Pelchat receives Provincial Safety Award for Safety Council

## SAFETY COUNCIL

**SAFETY IS NOT ONLY FOR THE HIGHWAY BUT EVERYWHERE** — The students of COCJ have discovered that they can promote safety in the school as well as at home.

The club's activities this year were enlarged as a project for Safe Driving Week and a Sidewalk Cleaning Project were undertaken.

A scrapbook was entered in the Carol Lane Awards. The Convent came out Provincial winners. The presi-

dent, Linda Pelchat, went to Regina to receive the plaque and a cheque for one hundred dollars.

The Safety Council was also represented at this year's annual Convention. The people in Regina felt that COCJ should be congratulated for their hard work and fine example.

Keep up the good work, girls, and have a **SAFE** summer.

*Linda Pelchat*



### SAFETY COUNCIL EXECUTIVE —

Back Row (l to r):

Linda Dally, Chris Bird, Bernadette Eischen, Pat Leibel, Pat Wilson.

Front Row: Pat Maksymchuk, Linda Zimmerman (Treasurer), Sister Allan Marie (Director) Linda Pelchat (President) Mary Ann Baxter (Secretary).





Back Row (l to r): Maria Deverdenne, Valorie Derenoski, Judy Ternier, Pat Bolan, Mr. Sorge, Julia Janssen, Kris Mildenberger, Jackie Lavoie, Betty Ternier. Front Row: Irene Gagne, Linda Dally, Sister Marie Denise, Sister Allan Marie, Lynn Weedmark.



## FIRST AID

THIRTEEN girls participated in the Safety Council First Aid Course for '66-'67. Mr. Carl Sorge, Divisional Superintendent of No. 295 A & N Division of the St. John Ambulance, instructed the girls in general First Aid. At the end of the sessions, certificates were presented to each student who had successfully completed her course.

Sister Denise receives her  
First Aid Certificate



Mr. Sorge







Mr. Shumlich presents Gail Price with her Driver Training Certificate for '65-'66 while Carol Halagaza looks on.



Some members of the '65-'66 Driver Training Class (l to r): Linda Pelchat, Carol Halagaza, Connie Mathias, Carol Dudek.



Mrs. Guina and Mr. Shumlich presenting Driver Training Certificates

## DRIVER TRAINING

THIS YEAR'S Driver Training Course, with Mr. Shumlich as the in-car instructor, and Sister Allan Marie as the classroom instructor, was sponsored by the Convent Safety Council. This course taught the girls the fundamentals of driving as well as the mechanics of the vehicle they were operating.

We are certain that these twenty-two girls who have successfully completed the course are safer and wiser drivers for having taken the instruction.

**'66-'67 CLASS.** Back Row: Jean Ballachay, Linda Nachtegaele, Mary Lynn Gante-foer, Gail Sager, Clara Bowes, Janet Duhaime, Shirley Martin, Judy Sager. Centre Row: Jeanette Roy, Joyce Ballachay, Hilda Blackstar, Gwen Summerfield, Bernice Hauk, Brenda Piper, Pat Bolan, Paulette Foisy. Front Row: Anna Albert, Debbie Hnatyshyn, Treana Quinn, Sister Allan Marie, Katherine Nizinkiewicz, Linda Lung-hamer, Sharon L'Heureux. Missing from picture — Lynn Langevin.







"O Canada, we stand on guard for thee."

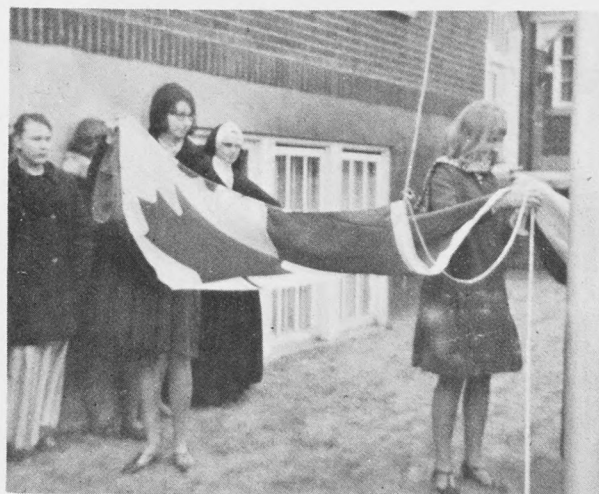


The pole goes up

# FLAG RAISING



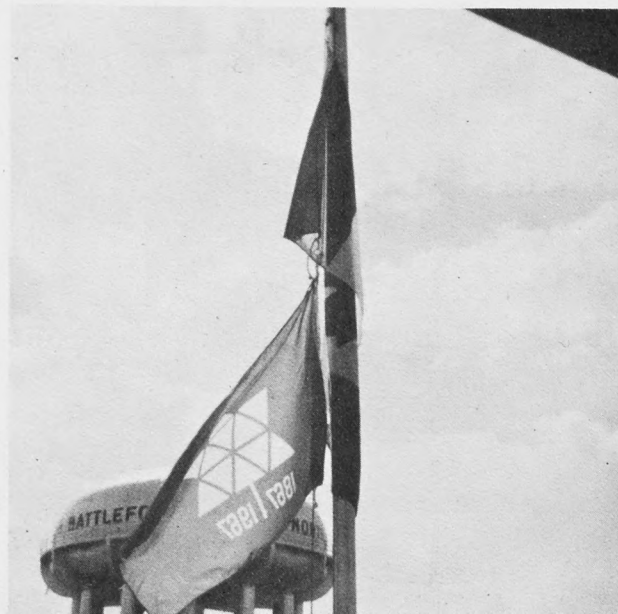
Now COCJ has one, too — a flag!



What we've all waited for —  
the flag-raising



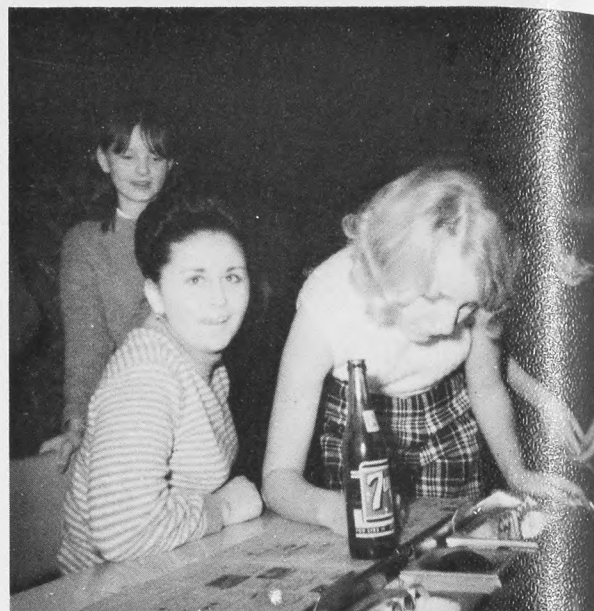
Blowing in the breeze!



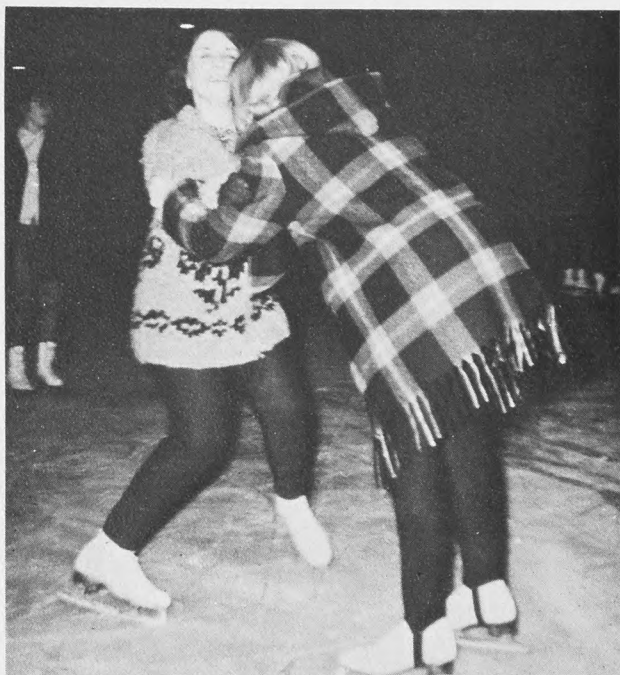




**"Wrists up, girls!"** Linda Hauk, Linda Braunagel (student teacher), Charlotte Herle (in the background) Debbie Hnatyshyn, and Marie Dumais



**"What, another strike!"**  
Lynn Kindrachuk, Jeanette Roy  
Helen Larmour and Cynthia Matlock



**"Help, I'm falling!"**  
Jeanette Roy and Pat Feist

**COCJ Beatles!**  
Irene Ulsifer, Lynn Langevin,  
Mary Ann Baxter, Paulette Foisy



## SPIRIT WEEK

ON FRIDAY, February 3, the Convent started off their Spirit Week with a rousing Folk Mass.

The following Saturday evening there was a dance at St. Thomas College with students from COCJ and STC in attendance.

Sunday, February 5, about 50 students turned out for a toboggan party on King Hill.

Monday, several students stepped in to take a minor role in teaching classes while the teachers stood by to help out with any serious problems. Monday afternoon we held the Bryant Oratory eliminations. Of the eight contestants competing, adjudicators Father Hellman and Mr. Broley chose Donna Bujnowski. Her topic was "Canada, It's Good to be a Canadian." Treana Quinn was second. Monday night about 80 students turned out for a skating party at the STC Playdium.

Tuesday was Clash Day as most of the students wore clothes that clashed rather than matched. The highlight of Clash Day was a Hootenany and Talent Show held in the evening. Approximately 100 girls were present to laugh and sing-a-long with many of the items of entertainment.

Wednesday evening featured a swimming party at the new indoor swimming pool.

Thursday the girls invaded the Bowlarena for an evening of bowling plus a record hop.

The final day of Spirit Week saw some students take on teaching duties once more. Friday night, two mixed teams of boys and girls from COCJ and STC displayed their talents in a heated basketball game at STC.

This year, for the first time in Convent history, a Spirit Week was observed. The idea proved both exciting and educational and gave everyone a real "boost" in school spirit. It is hoped that this will be continued in future years for it is a marvelous way to bring us closed together in a true feeling of unity.





COCJ and STC BASKETBALL PLAYERS

Nashville Kats! Jean Sulej, Lynn Kindrachuk, Judy Payne, Mary Kindrachuk, Carol Nolin.

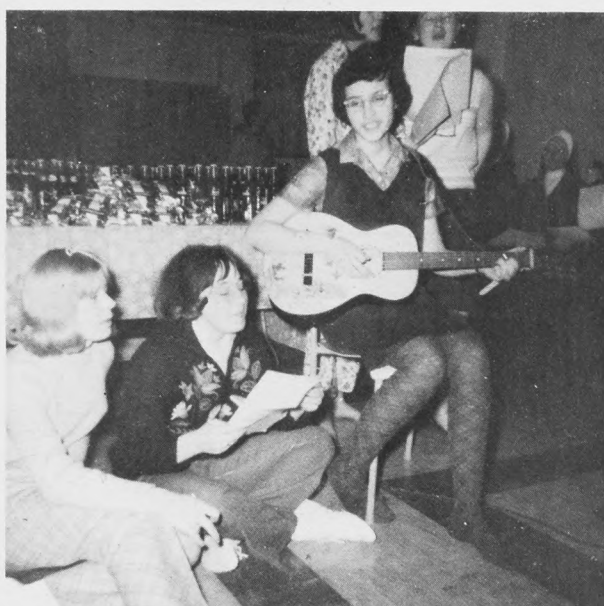
"Come and get it!" Sister Allan Marie and Irene Ulsifer



Henry and Liza! Jackie Woytiuk and Laura Deary

Let's sing out! Pat Feist, Linda Pelchat, Shirley Martin. In the background: Connie Mathias and Treana Quinn.

Mrs Millar??? Marie Vany







Kathy Nizinkiewicz, Pat Bolan



**WHAT! LONG DRESSES IN COCJ** Lynn Weedmark, Judy Ternier, Jean Sulej, Sylvia Lindsay



**SOME GRADE 12'S GO CENTENNIAL** Mary Ann Omilon, Gail Chapman, Wendy Guillot, Linda Pelchat, Mary Gutenberg, Linda Zimmerman.



## CENTENNIAL DRESSES



### BUDDIES

Angela Holota, Joyce Ballachay



**WHAT'S THIS AN IRISH TREASURER?**  
Donna Bujnowski



**GINGHAM GIRL** Lynn Langevin







C is for CANADA, we salute you this year.

E is for emblem, the maple leaf dear.

N is for nation, one hundred years old.

T is for tradition, so proudly we hold.

E is for EXPO, our first world's fair.

N is for Northland, so vast and rare.

N is for the Navy, distinguished in war.

I is for the immigrants, who come to our shore.

A is for the Army and Air Force so fine.

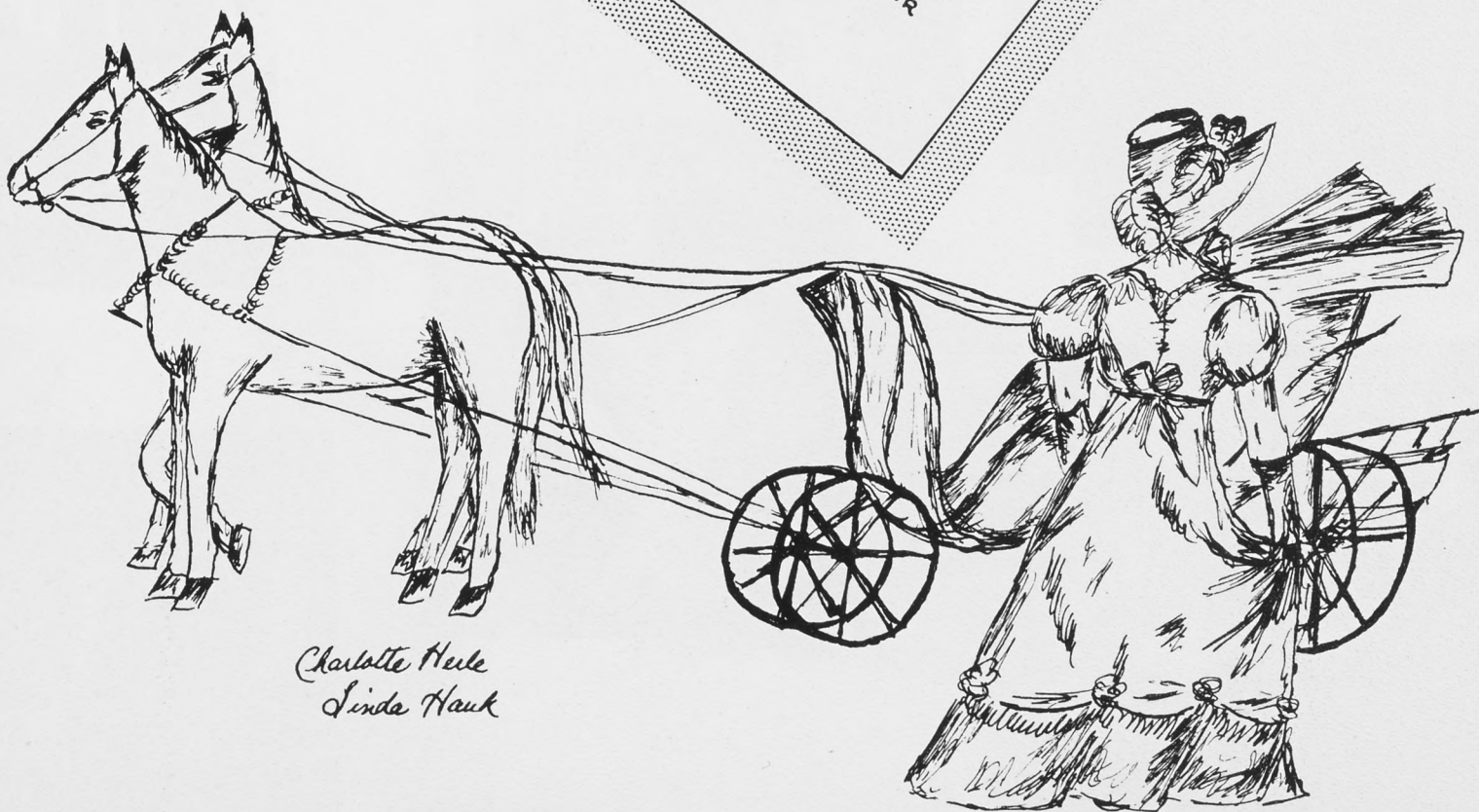
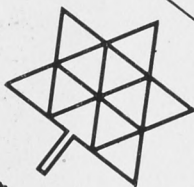
L for this land we love — yours and mine.

HAPPY CENTENNIAL + 1967 +

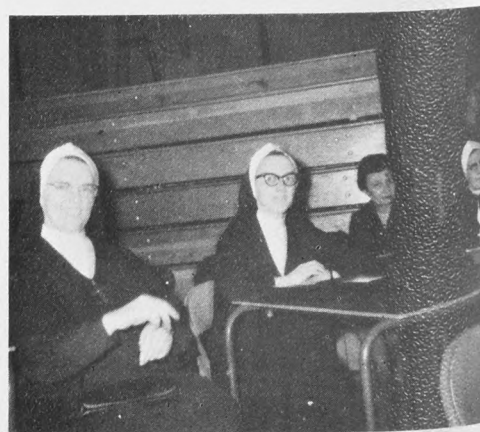
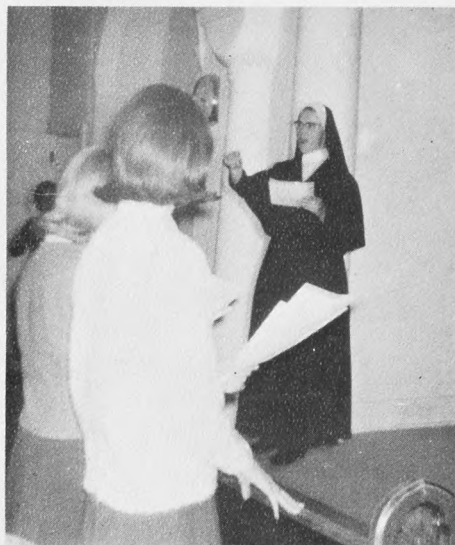
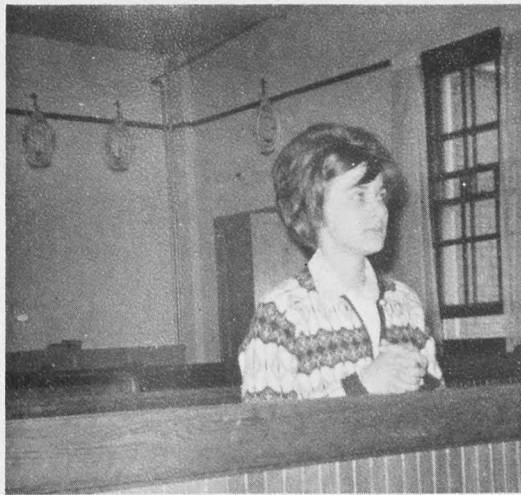
Our God - may it be your will  
that this year be unto all your people  
A year of blessings  
A year in which thy mercies  
will be moved toward us  
A year of peace and tranquility  
A year thou wilt set a blessing  
In which thou wilt set a blessing  
Upon the work of our hands



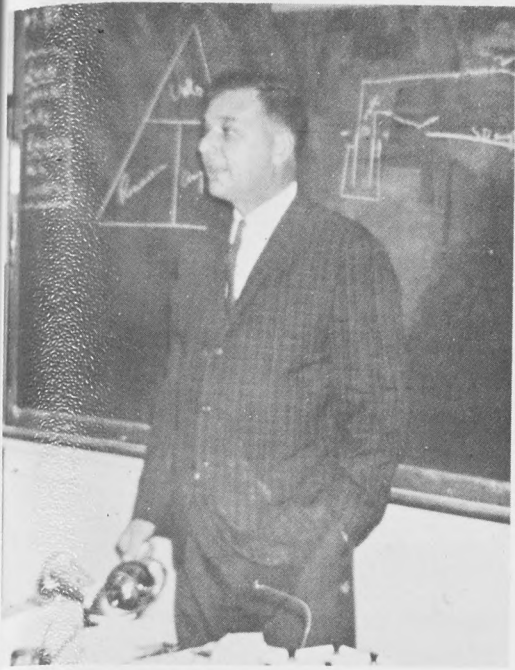
from AN ANCIENT  
HEBREW PRAYER



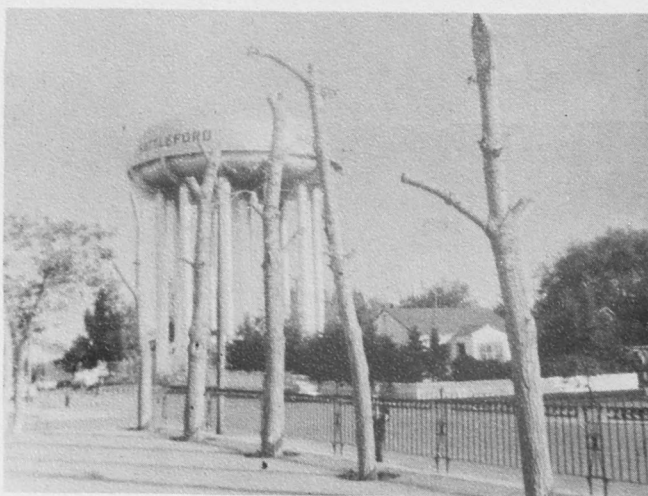




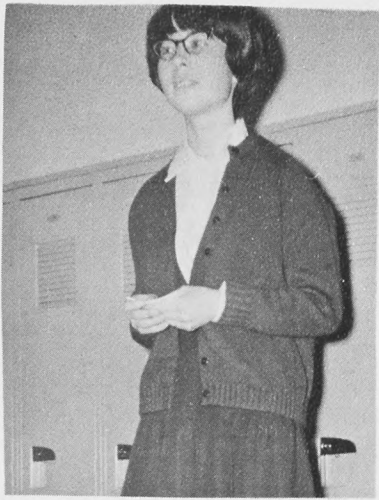




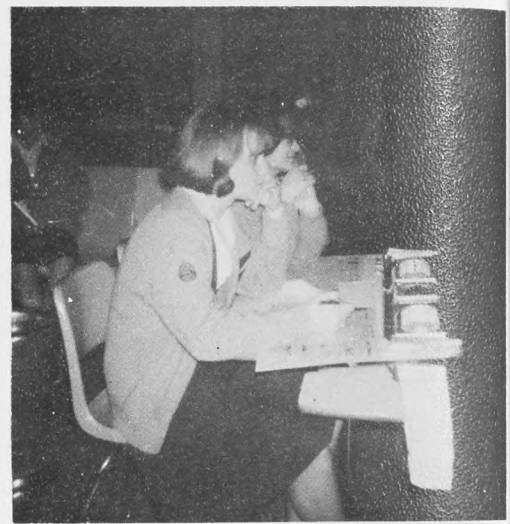
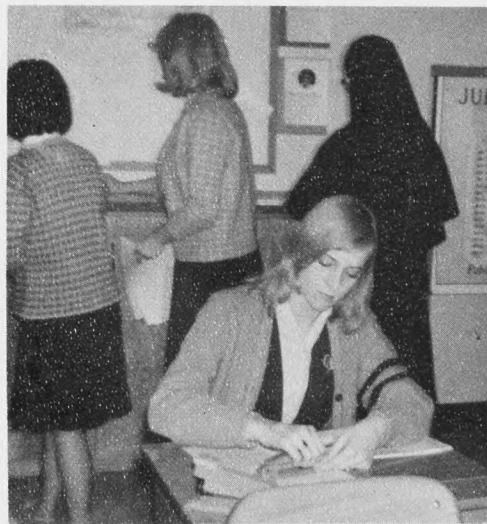

















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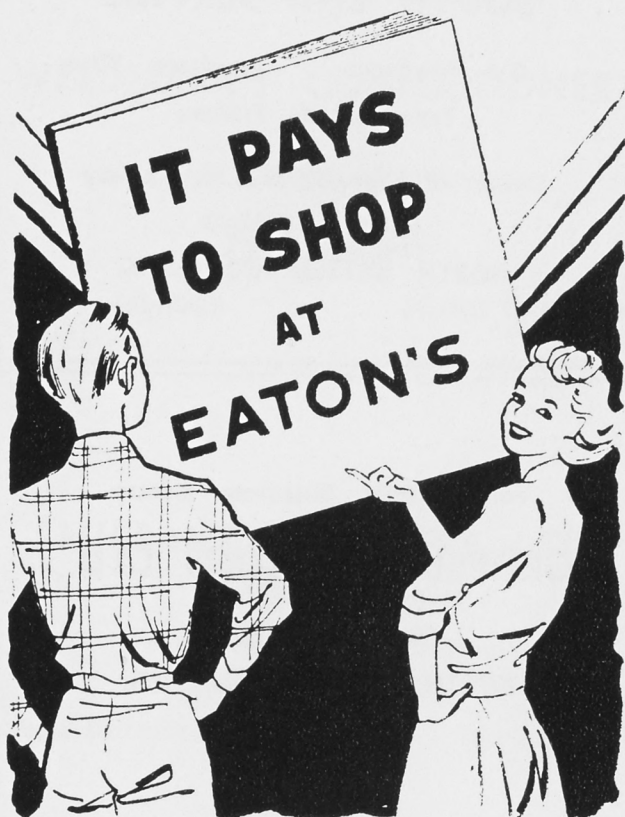
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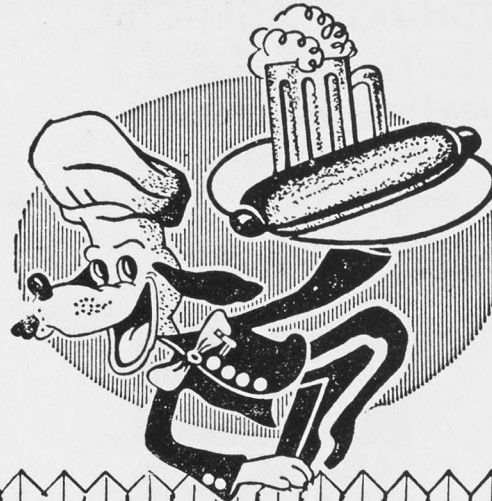
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We wish to take this opportunity to thank all business  
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